

**FOR SUCH A
TIME
AS THIS**

A COVID-19 SPECIAL

ANNUAL REPORT
2019 - 2020

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WHO WE ARE?

FaithActs is a non-profit community care service serving the needs of children, youths, families and seniors in Singapore since 2004. We aim to impact lives through the provision of a wide range of quality programmes and services to meet needs and address social issues, regardless of their ethnic, socio-economic and religious backgrounds.

FaithActs is registered with the Registrar of Societies and the Commissioner of Charities. We are also a member of National Council of Social Service and is approved as an Institution of a Public Character (IPC) since 2008.

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PATRON'S MESSAGE

We are living in unprecedented times: Covid-19 has brought fundamental changes to the way in which we live our lives and some of these changes will be here to stay even after the pandemic has been vanquished. Due to safe distancing, social work has had to evolve by leveraging on technology to overcome restrictions on physical interaction. It is heartening to learn that even during the circuit breaker period, FaithActs was able to continue serving her clients through telecare and online programmes.

It has been inspiring to witness how FaithActs' staff responded incredibly well to these challenges, for example, by pulling together their resources within a short window of time to distribute masks to residents and seniors who are living alone, within her vicinity. I am pleased to know that FaithActs works very closely with the Agency of Integrated Care, Social Service Offices and the People's Association, to provide much-needed care and support to families facing hardship, and vulnerable seniors. The staff's selfless and meticulous efforts in regular monitoring of the needy and delivering daily necessities and groceries to them, allow FaithActs to address the anxiety and apprehension that many of them face during these uncertain times.

With this pandemic still far from over, we have to brace ourselves for a long and tough journey ahead that will test our mettle as a society where no one is left behind. With your support, I believe FaithActs will continue to grow from strength to strength, providing love, care and support for the community, just as she has done for all these 16 years.

OUR APPRECIATION

We would like to express our gratitude to Dr Chia Shi-Lu for his invaluable contributions to the work of FaithActs as our Patron.



DR CHIA SHI-LU

Member of Parliament for Tanjong Pagar GRC (Queenstown)
Chairman, General Parliamentary Committee for Health
Vice-Chairman, Tanjong Pagar Town Council
(2011 – 2020)

PASTOR AND CHAPLAIN'S MESSAGE



REV RAYMOND FONG
Pastor-in-charge of Faith Methodist Church



REV PETER KOH
Chaplain

The theme for this year's Annual Report is "for such a time as this".

It takes reference from the book of Esther where the lives of the ancient Jews were threatened by their enemy – total annihilation. In today's world plagued by the deadly Covid-19 pandemic, the life of humanity is being threatened by a dangerous strain of coronavirus which continues to mystify our advanced medical capabilities as to its cause, transmission and cure. We also read that God raised Esther to fulfil His purpose of protecting the Jews who had to stand in solidarity to defend their lives by cooperating and watching out for each other. Likewise today, may God raise us to perform the assignments He has granted us in such challenging times even as we stand in spiritual unity to overcome this virus with His courage and perseverance.

We are pleased to share that during circuit breaker, FaithActs' staff reached out to many seniors who are apprehensive and fearful – by visiting them to ensure that they are well and also to deliver the essentials to them. In particular, we managed to journey with a suicidal senior until she is finally free from her anxiety. It is in such a time as this that both the Church and FaithActs stand together in prayer and support as they serve the vulnerable in the community.

We want to thank God for His protection and providence to FaithActs all these years. May the joy of the Lord be the strength of the staff to continue the good work the Lord has positioned FaithActs to do.

CHAIRMAN'S MESSAGE



DR LEE WEE LEONG
Chairman

This generation lives in the most challenging time as the entire globe weather the highly infectious coronavirus. Such crisis reminds us the importance of community and caring for the vulnerable. It is a time for us to look out for one another as we are in it together.

In the 16 years since we started, FaithActs have focused on providing relevant services to meet the needs of children with learning difficulties, youths-at-risk, family-in-need and seniors. This pandemic crisis has shown that FaithActs can continue to provide relevant programmes to meet the community needs. Due to social distancing measures, it has transformed the way we deliver our programmes to our beneficiaries. FaithActs is quick to translate the materials to digital platform. With the aid of technology, our staff is able to continue our KidsLEAP, Early Learning Programme and personalised tuition via video conferencing. The seniors view online or WhatsApp video to continue with their exercises. Our staff also provides geriatric telecare to those in need. All these new ways of service delivery can be seen in this report under 'Covid-19 special segment.'

We are continually inspired by countless stories of change and new friendships forged between FaithActs and many volunteers, sponsors and supporters. We are grateful for the support of many towards our work to help our beneficiaries. FaithActs will strive to deliver more impactful services to benefit our community for such a time as this and years ahead.

MANAGEMENT COMMITTEE



DR LEE WEE LEONG
Chairman



MR GOH TIAK BOON
Vice Chairman



MR WONG KRON JOO
Honorary Secretary



MRS KOH-ANG LEY KEOW
Assistant Honorary Secretary



MS CINDY KOH
Honorary Treasurer



MR NELSON TAN
Honorary Assistant Treasurer



MR ANDREW CHAN
Member



MR LIAW CHUN HUAN
Member



MR ALBERT LIM
Member



MR LIM BOH CHUAN
Member



MS SUSAN NIAM
Member



MR WILLIAM SIM
Member



MR TAN CHOW BOON
Member



MR JASON TAN
Member



MS SHIRLEY NG
Ex-Officio



REV RAYMOND FONG
Pastor-in-charge



REV PETER KOH
Chaplain

OUR APPRECIATION: We would like to put on record our appreciation to Mr Edmund E, Ms Lily Chua and Ms Woo Siew Leng for their support and contribution to FaithActs. We also welcome aboard Ms Cindy Koh as our Honorary Treasurer.

STAFF TEAM ONLINE



MUTE



STOP VIDEO



SHIRLEY NG
Executive Director



LIM SOK HWEE
Finance



PATRICIA TAN
Administration



JEAN HONG
Fundraising



GOH SIONG CHU
Community Outreach



HELEN WONG
Community Outreach



BRIAN ZHANG
Youth Services



IVAN LAM
Youth Services



STELLA SEAH
Youth Services



RACHEL LEE
Youth Services



JONATHON QUAH
Senior Services



JOANNE LEE
Senior Services



SANDRA WOO
Senior Services



SHARIFA SHARIF
General



Wishing Siong Chu all the best having resigned in April 2020.



SEND

ENRICHMENT

HUB

EARLY LEARNING PROGRAMME (ELP)



CHILDREN
AND YOUTH
PROGRAMMES



AFTER-SCHOOL PROGRAMME

PROMOTING
LEARNING

- ENGAGE
- EDUCATE
- ENRICH
- EMPOWER



NIGHT TUITION



WOW SENIORS WORKOUT

SENIORS
PROGRAMMES



HEALTH TALKS & WORKSHOPS
(BY HEALTH PROMOTION BOARD)



MOBILE APPLICATION
& HANYU PINYIN CLASS

CHILDREN AND YOUTH PROGRAMMES



THE LEARNING HUB

Mon – Fri (2 to 6pm)

We are committed to support children's education in a safe and supervised environment. Parents are also given the confidence and assurance to seek employment so that they have the means to provide for their families.

As part of their holistic development, children participate in a myriad of hands-on activities and life skills workshops. We play a supportive role to these children so that they will foster a desire for lifelong learning and pursue a fruitful education.

This year, we have reached out to 30 primary school students for this programme.

NIGHT TUITION

Tue (7:30 to 9:30pm)

Started on 8 January 2019, the night tuition programme strives to provide guidance to students in their character development and academic journey through the friendships built.

Our tutors are crucial in this endeavour, befriending the youths and supporting their learning in a safe, empowering environment. As part of their holistic development, students undergo two life skills workshops a year, with topics tailored to trending needs such as goal setting and managing relationships. Our hope is that each student will grow and develop into resilient, caring and motivated individuals.

With the help of our committed and passionate team of 13 volunteers, we have supported 16 students in their learning journeys this year.



EARLY LEARNING PROGRAMME (ELP)

Sat (9:30am to 12pm)

2020 marks the third year FaithActs has partnered with EDIS Cares to provide the programme to pre-primary and lower primary students. Using the specialized curriculum from Learning Vessels, we have provided foundational literacy and numeracy support to 20 children through 36 volunteers over 28 sessions in the last year. Besides fulfilling their educational needs, we have also organized a range of group play activities to develop their motor and social interaction skills.

DATE	PROGRAMME	NO.
24-Aug-19	External Group Play: My Gym	14
14-Sep-19	External Group Play: My Gym	09
28-Sep-19	External Group Play: Robotics	12
05-Oct-19	External Group Play: Robotics	13
12-Oct-19	External Group Play: Terrarium Making	13
19-Oct-19	External Group Play: Terrarium Making	11
26-Oct-19	Birthday Party (by Birthday Brigade)	16
10-Nov-19	Market Place Carnival and Graduation	10

■ ENGAGE
■ EDUCATE
■ ENRICH
■ EMPOWER

SENIORS PROGRAMMES

MOBILE APPLICATION & HANYU PINYIN CLASS

Fri (10am to 12pm)

Started since 9 November 2018, the programme empowers seniors to learn new skills in today's digital age and language skills for written communication. Participants learnt to detect and avoid cyber-scams while practising the sharing of files and pictures through Google Drive. We encourage seniors to stay mentally and emotionally engaged by continuous learning and stay connected with their loved ones.

Thus far, 38 seniors have enjoyed the lively and informative sessions led by our volunteer instructor Mdm Kwan.

HEALTH TALKS & WORKSHOPS

(BY HEALTH PROMOTION BOARD)

Tue (10 to 11am)

With an increasing ageing population, it is imperative for us to prepare for old age. To encourage healthy living, HPB has conducted a series of talks and workshops to educate and engage the community. FaithActs seniors are introduced to a wide range of topics, from physical and mental health, such as healthier eating habits, strengthening muscles to prevent falls and looking out for signs of dementia. We aim to help our seniors to be well equipped and educated to cope with the challenges of old age.

This year, 20 seniors have benefitted from the practical knowledge gained through these sessions.

WOW WORKOUT

Thu (9 to 10am & 10:15 to 11:15am)

The WOW Workout is a fitness program that aims to improve the physical and socio-emotional well-being of seniors. The exercises are designed for the high and low mobility participants. It helps to strengthen their muscles, improve their balance, and thereby reduce the risk of falls.

There are 51 seniors who are actively participating in the programme and are assisted by 3 volunteers.

WE ARE OF WORTH



CHILDREN & YOUTH SERVICES

DEVELOPING POTENTIAL

- ACADEMIC
- CREATIVITY
- CHARACTER
- SHARED VALUES

THE LEARNING HUB



GIRLS' EMPOWERED (GEm)



TUITION – MENTORING



KIDSLEAP



EARLY LEARNING PROGRAMME PLUS (ELP+)



GROUPWORK, TALK & WORKSHOPS



JUNIOR CHEF



SPORTS, ADVENTURE & OUTINGS



EXPERIENTIAL LEARNING JOURNEY



THE LEARNING HUB

(FOR PRIMARY 1 - 6)

Mon – Fri (2 to 6pm)

Due to space limitation, we are only able to take in 34 children. Through the support of our volunteers, we have been able to provide a wide range of engaging activities in addition to homework support for our youths.

Since 2017, we have journeyed with a total of 53 students to cultivate both their educational progress and also their character development.



GIRLS' EMPOWERED (GEm)

(FOR PRIMARY 1 - 6)

Monthly (4:30 to 5.30pm)

Girls' Empowered began its first full run in 2019. 14 girls participated in various themed-based activities. In 2020, the programme expanded to include life skills workshops and value-based activities.

DATE	PROGRAMME	NO.
27-Aug-19	Sports: Badminton & Tennis	06
13-Sep-19	Crafts: Paper Snowflakes	05
16-Oct-19	Crafts: Snow Globe Making	10
26-Nov-19	Lifestyle: Emotional Wellness	08
18-Dec-19	Craft: Felt Christmas Ornaments (Value of Giving)	11
16-Jan-20	Initiation Party and Bag Design Craft	07
24-Feb-20	Life Skills Workshop: Self-Awareness	10
05-Jun-20	Life Skills Workshop: Cyber Security and Bullying	04

TUITION - MENTORING

Wed (Primary)/Thu (Secondary)
(7:30 to 9:30pm)

Our tuition programme aims to provide a platform for students to build confidence and motivation to cope with their academic needs and social issues. With volunteers taking the children on a 1:2 ratio, we hope to foster strong mentor-mentee relationships to journey with them in their maturing years. Every January and July, there are orientations to provide opportunities for bonding between tutors and tutees. There have been 40 primary school students and 24 secondary school students in the tuition programme.

As a way of adapting to the COVID-19 pandemic, the option of online tuition was made available with the help of our committed and passionate long-time volunteers. Currently, face-to-face tuition has resumed gradually for some of our students with safe distancing measures in place.



KIDSLEAP

Mon (3 to 4.30pm) Basic Reading / Thu (2.30 to 4.30pm) Advanced

KidsLEAP programme aims to support primary school children to improve their proficiency in the English Language. It has reached out to 33 children in the following three segments:

- 1** Basic (Reading): Aimed at P1s and P2s to cultivate a love for reading and improve their reading fluency so as to boost their confidence.
- 2** Advanced: Targeted at P3s and P4s by mirroring the school syllabus to increase their proficiency and to translate these improvements into better exam results.
- 3** Specialised Individual Learning: For those who require specific support for learning and one-on-one help.

Due to Covid-19, Advanced moved online to continue helping the children and prepare them for their exams. In July, there was an online workshop where they learnt how to upcycle unwanted materials available at home. Basic Reading has slowly resumed face-to-face classes with safe distancing measures in place.



EARLY LEARNING PROGRAMME PLUS (ELP+)

Tue (2.30 to 4.30pm) from March to November

In 2019, ELP+ entered its pilot full-year programme with EDIS Cares after its pilot semester was initiated in August 2018. We have helped 26 Primary 2 students who were weak in English by plugging gaps in their grammar and reading comprehension. Our volunteers were trained and taught the children on a maximum of 1:2 basis using an in-house curriculum by Learning Vessels. Through the use of interval tests, we were able to monitor the children's progress. Specialist evaluations were also available for those who showed signs of learning difficulties so that they could get learning support in school. There was a special 2-week stop motion Lego workshop to teach the children how to create stories in a hands-on way.

Due to the COVID-19 pandemic, ELP+ shifted online in June 2020 and was adapted for online learning through the use of video conferencing and online resources such as PowerPoint, ebooks, and videos. We hope that with online and physical lessons, we will be able to reach out to even more beneficiaries in the future.

Learning Vessels
Tuesday at 6:55 PM · Instagram ·

A lil' throwback to last Tuesday, when we conducted a DIY BrickFilm workshop for the #EarlyLearningChildren Plus (ELP+) child... See more

Look at the pictures and choose the right noun for each sentence below.

queen	hobbies	leaf	jam
playground	web	airplane	ball

1. The jam is sweet.

2. The spider made a _____.

JUNIOR CHEF

Thu (3 to 5pm)

The children are taught to prepare simple meals as a way of appreciating their families. This also helps the children to bond with their families through kitchen tasks.



EXPERIENTIAL LEARNING JOURNEY

- CULINARY APPRECIATION WORKSHOP

Into its fourth year, culinary class educates students on nutrition, food safety and life skills. A total of 39 students from New Town Primary School and Fairfield Methodist School (Primary) have participated in this workshop.



SPORTS, ADVENTURE AND OUTINGS

A wide range of activities were organised to provide the children opportunities to discover and explore their potential. Activities bridge children and youth from different backgrounds to learn inclusiveness and community living.

DATE	PROGRAMME	NO.
10-Aug-19	Theatre Practice Outing	14
03-Sep-19	Sports Activity: Frisbee	20
12-Sep-19	Laser Quest Outing (with State Street)	30
17-Sep-19	Sports Activity: Frisbee	22
21-Sep-19	Daniel Ricciardo Meet and Greet Outing	20
24-Sep-19	Sports Activity: Frisbee	13
11-Nov-19	Far East Lion's Pride Outing	21
16-Nov-19	UOB GroundUp Initiative Outing	13
17-Nov-19	Navy @ Vivo Outing	32
19-Nov-19	Gardens by the Bay Outing (by Project Roots - Hwa Chong Institution)	20
22-Nov-19	Sports Activity: Basketball	20
28-Nov-19	aRWSome Wishes Outing	52
02-Dec-19	Marina Barrage Outing (by Project Fidum - Hwa Chong Institution)	21
06-Dec-19	Night Cycling Outing	20
13-Dec-19	OUE Stars of Christmas Luncheon	23
21-Jan-20	Sports Activity: Frisbee (with Anglo-Chinese School (Independent))	24



GROUP WORK, TALKS, WORKSHOPS

The activities aim to develop character through life skills training. We also inculcate social and community building skills to develop positive values for communal living.

DATE	PROGRAMME	NO.
05-Aug-19	Science Experiment: Butter Making (by Raffles Girls' School)	24
07-Aug-19	Music Class (by Raffles Institution)	08
16-Aug-19	Environment Workshop: Making Plastic Bottle Piggy Banks (by Hwa Chong Institution)	29
19-Aug-19	Science Experiment: pH Indicators (by Raffles Girls' School)	25
21-Aug-19	Music Class (by Raffles Institution)	07
23-Aug-19	Environment Workshop: Recycling Crafts (by Hwa Chong Institution)	20
26-Aug-19	Science Experiments: Forensics - Finger Printing (by Raffles Girls' School)	25
28-Aug-19	Music Class: Note Values (by Raffles Institution)	13
30-Aug-19	Talk on "Appreciating Friends" (by Raffles Girls' School)	24
04-Sep-19	Music Class: Rhythm and Beats (by Raffles Institution)	11
09-Sep-19	Coding (Lower Pri) (by GovTech)	10
10-Sep-19	Coding (Lower Pri) (by GovTech)	10
11-Sep-19	Coding (Lower Pri) (by GovTech)	09
12-Sep-20	Origami and Book Binding Workshop (by Hwa Chong Institution)	30
16-Sep-19	T.H.R.I.V.E. Workshop: About Me (Part 1)	10
18-Sep-19	T.H.R.I.V.E. Workshop: About Me (Part 2)	12
20-Sep-19	Environment Workshop: Recycling Crafts (by Hwa Chong Institution)	31
23-Sep-19	T.H.R.I.V.E. Workshop: My Feelings (Part 1)	12
27-Sep-19	Talk on "Teamwork"	20
30-Sep-19	T.H.R.I.V.E. Workshop: My Feelings (Part 2)	10
04-Oct-19	Environment Workshop: Green Electricity - Windmill Making (by Hwa Chong Institution)	22



DATE	PROGRAMME	NO.
07-Oct-19	Science Experiments: Separating Coke with Milk (by Raffles Girls' School)	25
07-Oct-19	T.H.R.I.V.E. Workshop: Expressing Feelings (Part 1)	13
09-Oct-19	T.H.R.I.V.E. Workshop: Expressing Feelings (Part 2)	13
04-Oct-19	Environment Workshop: Electrical Conservation (by Hwa Chong Institution)	23
14-Oct-19	Science Experiments: Making Elephant Toothpaste (by Raffles Girls' School)	32
14-Oct-19	T.H.R.I.V.E. Workshop: My Strengths (Part 1)	11
18-Oct-19	Environment Workshop: Electrical Competition (by Hwa Chong Institution)	21
18-Oct-19	T.H.R.I.V.E. Workshop: My Strengths (Part 2)	09
21-Oct-19	Science Experiments: Making Ice Cream (by Raffles Girls' School)	24
21-Oct-19	T.H.R.I.V.E. Workshop: My Dreams (Part 1)	12
23-Oct-19	T.H.R.I.V.E. Workshop: My Dreams (Part 2)	12
23-Oct-19	Music Class: Ukulele Practise (by Raffles Institution)	07
25-Oct-19	Talk on "Dealing with Bullies" cum birthday party by HPE volunteers	29
30-Oct-19	Music Class: Singing Practise (by Raffles Institution)	04
01-Nov-19	Environment Workshop: Natural Disasters (by Hwa Chong Institution)	17
04-Nov-19	T.H.R.I.V.E. Workshop: Giving My Best Effort (Part 1)	10
06-Nov-19	Music Class: Singing Practise (by Raffles Institution)	08
07-Nov-19	T.H.R.I.V.E. Workshop: Giving My Best Effort (Part 2)	13

GROUP WORK, TALKS, WORKSHOPS

(Continued)

DATE	PROGRAMME	NO.
08-Nov-19	Environment Workshop: Volcanic Eruption Craft (by Hwa Chong Institution)	16
08-Nov-19	Inter-generational Mini-Carnival (with HPE)	10
18-Nov-19	Day Camp (by Hwa Chong Institution)	21
19-Nov-19	T.H.R.I.V.E. Workshop: Self Responsibility (Part 1)	06
20-Nov-19	T.H.R.I.V.E. Workshop: Self Responsibility (Part 2)	07
22-Nov-19	Talk on "Overcoming Failure"	27
25-Nov-19	T.H.R.I.V.E. Workshop: Self Appreciation (Part 1)	05
27-Nov-19	Day Camp (by Anglo-Chinese School (Independent))	19
28-Nov-19	Camp – Day 1 (by Singapore Chinese Girls' School)	21
29-Nov-19	Camp – Day 2 (by Singapore Chinese Girls' School)	15
29-Nov-19	Environment Workshop: Recap Quiz Competition (by Hwa Chong Institution)	15
03-Dec-19	Day Camp (by Singapore Chinese Girls' School)	20
05-Dec-19	T.H.R.I.V.E. Workshop: Self Appreciation (Part 2)	06
09-Dec-19	Science Workshop (by EDIS)	11
17-Dec-19	Baking Workshop (by LEO Club - Ngee Ann Polytechnic)	17
19-Dec-19	Camp – Day 1 (by Singapore Polytechnic)	16
20-Dec-19	Day Camp (by Nanyang Girls' High School)	10
23-Dec-19	Camp – Day 2 (by Singapore Polytechnic)	20
26-Dec-19	Camp – Day 3 (by Singapore Polytechnic)	17
27-Dec-19	Camp – Day 4 (by Singapore Polytechnic)	20
27-Dec-19	Talk on Helping Others (by Singapore Polytechnic)	29
28-Dec-19	FaithActs Youth Christmas Carnival	40
03-Jan-20	Learning Hub Orientation Games	24

DATE	PROGRAMME	NO.
06-Jan-20	Station Games (by Singapore Polytechnic)	25
10-Jan-20	Talk on "Happiness" (by Raffles Girls' School)	25
13-Jan-20	Team Games (by Singapore Polytechnic)	24
14-Jan-20	Food Wastage Workshop (by Singapore Polytechnic)	25
15-Jan-19	Music Class: Performance Practise (by Raffles Institution)	10
30-Jan-20	Music Class: Performance Practise (by Raffles Institution)	13
03-Feb-20	Financial Literacy Workshop (by Nanyang Girls' High School)	15
06-Feb-20	Music Class: Performance Practise (by Raffles Institution)	14
25-Feb-20	T.H.R.I.V.E. Workshop: Friendship (Part 1)	10
26-Feb-20	T.H.R.I.V.E. Workshop: Friendship (Part 2)	09
28-Feb-20	Talk on "Fear"	29
03-Mar-20	T.H.R.I.V.E. Workshop: Empathy (Part 1)	10
11-Mar-20	T.H.R.I.V.E. Workshop: Empathy (Part 2)	11
16 - 20 Mar	March Holiday Camp: Friendship (by Trackers)	26
20-Mar-20	Talk on "Value of Friendship" (by Trackers)	22
23-May-20	Online Games Bonding Session	07
19-May-20	NHB Heritage Cares Online Storytelling (Singapore Stories)	15
30-Jun-20	Video Workshop: Learning Style & Time Tabling (by Project Educare - Hwa Chong Institution)	08
02-Jul-20	Video Workshop: Staying Organized & Goal Setting (by Project Educare - Hwa Chong Institution)	08
07-Jul-20	Video Workshop: Notes Making & Summarizing (by Project Educare - Hwa Chong Institution)	08
09-Jul-20	Video Workshop: Peer Tutoring & Exam Skills (by Project Educare - Hwa Chong Institution)	08

SENIORS SERVICES

PROMOTING WELLNESS

- BODY
- MIND
- SOCIAL

WOW WORKOUT FOR FIT / HIGH / LOW MOBILITY



GRAY MATTER / HEALTH & WELLNESS



MOBILE APP / HANYU PINYIN



SOCIAL RECREATION



INTERGENERATIONAL PROGRAMMES



CIRCUIT LOW MOBILITY FOR THE FRAIL



WOW WORKOUT

- FOR FIT, HIGH AND LOW MOBILITY SENIORS

The WOW Workout is a 10-week programme that caters to seniors 50 years and above. Seniors learn different types of exercises to strengthen their muscles and improve their balance.

The exercises are tailored for seniors of high or low mobility, fit and those who are wheelchair-bound.

VENUE	DAY	NO. OF SENIORS	NO. OF VOLUNTEERS
Block 50 (CW Drive)	Wednesday	81	09
	Friday	83	13
	Saturday	68	40
	Total	232	62



FIT, HIGH AND LOW MOBILITY WORKOUT GROUPS



CIRCUIT LOW MOBILITY WORKOUT

- FOR FRAIL SENIORS

Conducted by physiotherapists from National University Health System (NUHS), this exercise programme is tailored for seniors who are frail or recovering from stroke and have high risk of falls. The programme helps seniors regain strength and work towards functioning independently.

The class is kept small so that every senior can go through the specific type of exercise at the respective stations. Volunteers are there to encourage and assist while the physiotherapist provides the clinical aspect of the programme. Currently, we have 11 seniors going through the programme.



SOCIAL RECREATIONAL PROGRAMME

Our Social Recreational Programme (SRP) is made up of a variety of activities such as craftwork, games, therapeutic dance, angklung, festive celebrations and outings. These engaging and cognitively stimulating social activities aim to promote the seniors' quality of life, broaden their social network and develop a healthy sense of self.



GRAY MATTERS / HEALTH & WELLNESS TALKS

In this community-based learning programme, we collaborate with external partners such as Health Promotion Board to conduct talks, workshops and training. The aim of this programme is to equip seniors and caregivers with the knowledge on self-management and healthcare so as to empower them towards a more enriching and active life.

DATE	TOPIC	ATTENDEES
06-Aug-19	Joint Care	36
03-Sep-19	Urinary Incontinence	30
01-Oct-19	Colon & Me	26
05-Nov-19	Hypertension & Cholesterol	26
03-Dec-19	Understanding Depression	25
07-Jan-20	Sleep Well, Age Well	19
04-Feb-20	Stronger Muscles, Better Health	33



INTERGENERATIONAL PROGRAMME

SPARKLETOTS

Since April 2018, we collaborated with Sparkletots to run a series of meaningful activities that promote intergenerational bonding between our seniors and the kids. Through the festive celebrations of Deepavali and National Day, our seniors and kids had the opportunity to interact and bond over traditional games, craftwork and other activities. The kids brought much joy to our seniors.



ISTORIA – STORYTELLING THROUGH PHOTOGRAPHY

In collaboration with Istoria, our seniors got to learn basic photography skills using a DSLR camera. Through the pairing of our seniors with the youths, they supported and shared narratives with each other through the process of photo-taking and storytelling from the photographs they have taken. The group did a presentation to share their story with other group members. It is a creative form of self-expression that encourages patience, self-confidence, empathy, and is a skill that is relevant in today's digital age.



NUS STUDENT PROJECT

A group of NUS undergraduate/graduate students seeking to address the problem of social isolation of the elderly (especially those living alone) came by to engage our seniors through activities on a few occasions.



MOBILE APP & HANYU PINYIN

Keeping pace with our smart nation, seniors are introduced to the different lifestyle applications to get connected with their family members and friends. They also learn features such as QR codes and other communication tools to stay relevant in today's society.

The HanYu PinYin class equips the seniors with the correct pronunciation of Chinese characters which would be beneficial in digital communication.



NGEE ANN "BACK TO SCHOOL" MOBILE APP



FaithActs partnered Ngee Ann Polytechnic (NP) to educate our seniors on the usage of the various mobile apps such as Healthy 365, PayNow, my CPF, NLB, SingPass and MyTransport.SG. They went "back to school" to attend lectures and they were guided one-to-one. The seniors thoroughly enjoyed the sessions and are now more knowledgeable on using the apps.

This is a collaboration between NP and the Smart Nation and Digital Government Office (SNDGO) to drive the digital transformation in a collective approach towards building a smart nation.

COMMUNITY OUTREACH

STRENGTHENING COMMUNITY

- BEFRIEND
- CARE
- BOND

CASEWORK & COUNSELLING



LEGAL CLINIC



BURSARY & SCHOLARSHIPS SUPPORT



HOME WELLNESS



COMMUNITY ENGAGEMENT



DOVER SENIORS SERVICES



CASEWORK & COUNSELLING



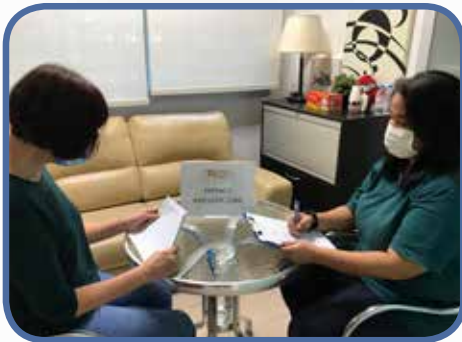
Covid-19 has impacted the economy badly and many have lost their livelihood which led to financial and emotional woes. We aim to provide a helping hand and come alongside these families in need. The goal is for each person to come to a better understanding of who they are, and be able to manage difficulties with guidance from our case workers.

Assistance is provided

on 3 levels : counselling (youths, families and seniors), financial assistance and information & referral. FaithActs works closely with relevant agencies to provide holistic support to our clients.

326
CASES
AS AT
JULY
2020

LEGAL CLINIC



Once every 2 months on a Saturday morning from 10am to 12pm, FaithActs together with West Legal Clinic provide free basic legal advice to individuals on personal matters (except for Syariah law). The 20-minute session is open only to Singaporeans and Permanent Residents. Pre-registration is required as sessions with the lawyers are strictly by appointments only.

BURSARY & SCHOLARSHIP



Bursary and scholarship are awarded to full time students from low income families to meet their educational expenses. The objective is to motivate our beneficiaries to strive for greater achievements benefitting themselves and the community. The award is open to students aged 7-25 years old.

SCHOLARSHIP

YEAR	SECONDARY STUDENTS	ITE STUDENTS
2019 – 2020	4	5
2018 – 2019	3	6
2017 – 2018	3	5

BURSARY

YEAR	NO. OF RECIPIENTS
2019 – 2020	116
2018 – 2019	143
2017 – 2018	126



HOME WELLNESS

With ageing population, it is anticipated that more seniors, especially those living alone, will need help maintaining their homes. Home wellness is one of our key services to ensure our seniors are safe at home. This involves decluttering, cleaning and repairs. In some cases, it may include fumigation, painting and refurbishing with basic furniture and equipment. Together with our volunteers, we helped to improve 10 homes before the Circuit Breaker.



DECLUTTERING A SENIOR'S HOME

COMMUNITY INVOLVEMENT

Engaging community requires us to be involved in many activities to different interest groups or for those not able to step out of their homes, we bring wellness to their door-step.



MASK DISTRIBUTION



DISTRIBUTION OF CHEER PACKS



FUNCTIONAL SCREENING



CARELINE SERVICES

The Sound of FaithActs caters to about 40 seniors who meet every Wednesday from 2pm to 4pm to learn how to sing Mandarin and Cantonese songs using karaoke approach. Singing enables the expression of feelings for the liberation of emotions which improves the overall well-being as it coordinates breathing and posture. However owing to the COVID-19 situation, the singing class has been suspended till further notice.



SOUND OF FAITHACTS

DOVER SENIORS SERVICES @ BLOCK 13

We have officially started senior programmes at our new centre at Block 13 Dover Close East in January 2020. WOW Workout continues to run at Block 1 Dover Road on every Thursday and Friday mornings.

ACTIVITY	UKULELE	ZUMBA GOLD	COOKING DEMO/ HEALTH TALK	RUMMIKUB
Day	Monday	Tuesday	Wednesday	Thursday
Time	9 – 11am	2 – 3pm	2 – 3pm	10am – 12pm
No. of participants	08	36	24	04



ZUMBA GOLD CLASS



UKULELE CLASS



SEASONING GREETINGS COOKING DEMO



CHRISTMAS WORKOUT

WOW WORKOUT @ BLOCK 1

WOW Workout continues to run at Block 1 Dover Road on every Thursday and Friday mornings.

VENUE	DAY	NO. OF SENIORS	NO. OF VOLUNTEERS
Block 1 (Dover)	Thursday	63	06
	Friday	48	05
	Total	111	11



VOLUNTEERS & CORPORATE MANAGEMENT

INDIVIDUAL
& GROUP
VOLUNTEERS



CORPORATE
COMMUNITY
VOLUNTEERS



CORPORATE
EVENTS



FUND
RAISING



“ There can be no greater gift than that of giving one’s time and energy to help others without expecting anything in return. ”

– Nelson Mandela

GIVING IN ACTION

- ENGAGE
- SERVE
- SUPPORT

VOLUNTEER MANAGEMENT & DEVELOPMENT

Volunteer management taps on the volunteers' different expertise to meet our manpower needs. It is also an avenue for volunteers to find meaning in contributing to the society.

We provide our volunteers with in-depth training relating to our programmes and activities. These include training for workout trainers, short courses on hair-cutting to help our seniors' personal grooming, befriending, home & hospital visits, home cleaning & decluttering, etc.

INDIVIDUAL VOLUNTEERS



HAIRCUTTING

COACHING



PEDICURE



ASSIST SENIORS DURING THEIR WORKOUT

GROUP VOLUNTEERS



THE TRACKERS ENGAGING OUR CHILDREN ON 18 MAR 2020



ACSI STUDENTS ENGAGING OUR BLOCK 118 CHILDREN DURING THE ACTIVITY TIME



RAFFLES GIRLS' SCHOOL (SECONDARY) ENGAGING OUR SENIORS



DIFFERENT GROUPS ENGAGING OUR SENIORS AT OUR WOW GRADUATION CELEBRATION

CORPORATE COMMUNITY VOLUNTEERS

SAGE FOUNDATION (SAGE ASIA LEADERSHIP TEAM)



9
OCTOBER
2019

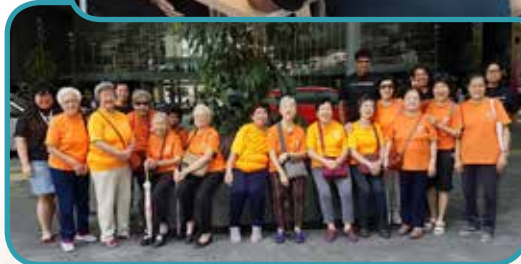
AN AFTERNOON TEA CUM GAMES



20
AUGUST
2019

SAGE SOFTWARE ASIA

AFTERNOON TEA CUM RUMMIKUB GAME
AT ASIA SQUARE OFFICE



HEWLETT PACKARD ENTERPRISE



25
OCTOBER
2019

SPONSORSHIP OF YOUTH BIRTHDAY PARTY



8
NOVEMBER
2020

HPE STAFF
VOLUNTEER
TO ENGAGE AN
INTERGENERATION
ACTIVITY



CORPORATE HIGHLIGHTS

NAVY@VIVO19

On 17 November 2019, children and their families from FaithActs had the opportunity to sail out on a Fast Craft Utility to the Singapore Strait as well as tour a warship with President Halimah Yacob and her husband Mr Mohamed Abdullah Alhabshee.



17
NOVEMBER
2019

MEET-&-GREET RENAULT F1® TEAM DRIVER, DANIEL RICCIARDO

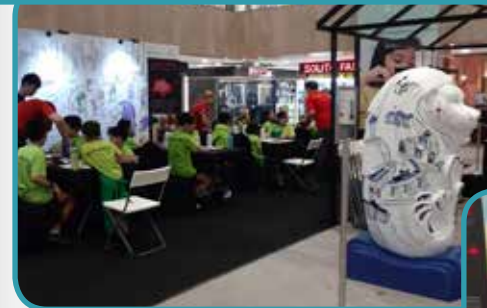


FaithActs kids got close with Daniel Ricciardo at Plaza Singapura on 21 September 2019.

21
SEPTEMBER
2019

LION'S PRIDE - ART FROM THE HEART!

IN SUPPORT OF PRESIDENT'S CHALLENGE



On 11 November 2019, our youth painted the miniature version of Merlion in the language of art.

11
NOVEMBER
2019



CORPORATE COMMUNITY INVOLVEMENT

STATE STREET BANK



LASER QUEST
BIRTHDAY PARTY
AT SAFRA

9
SEPTEMBER
2019

32 YOUTHS



22
OCTOBER
2019

120 SENIORS

SENIORS OUTING
@LITTLE INDIA &
LUNCH IN MUSTAFA



1
NOVEMBER
2019

Roadshow at State
Street Singapore office
to bring awareness of
FaithActs' causes

CORPORATE SOCIAL RESPONSIBILITY ENGAGEMENT

UNITED OVERSEAS BANK (GROUND-UP INITIATIVE)



16
NOVEMBER
2019

12 YOUTHS

RICE FARMING



Our youths learnt about the basic fundamentals of rice farming and the importance of our food sources. They also developed an understanding about food wastage as well as ways to reduce them in their daily lives.

FOOD BANK SINGAPORE (FEED THE CITY @SHANGRI-LA HOTEL)

14
OCTOBER
2019

80 SENIORS



A DAY-OUT WITH BUFFET LUNCH

RESORT WORLD SENTOSA (aRWSome WISHES 2019@ USS)

28
DECEMBER
2019

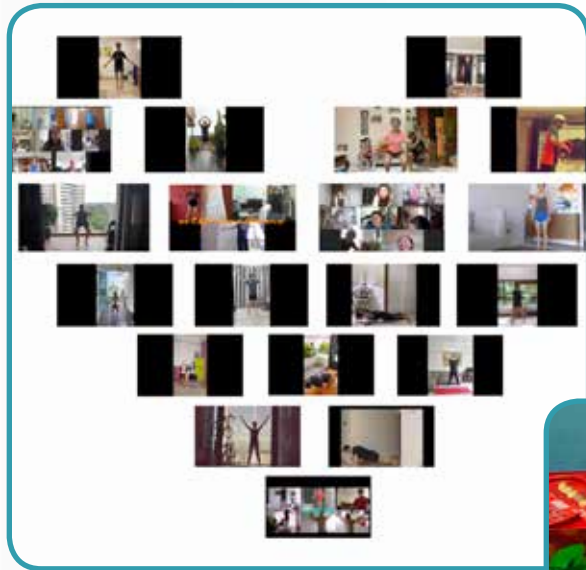
54 CHILDREN



FUND-RAISING ACTIVITIES



A joint effort by HPE's Singapore Engagement Council (SEC) and Social Impact Committee (SIC) to bring their employees together to shop for a good cause and support our Thrift Store from FaithActs.



88 participants from HPE joined the Exercise to raise funds to purchase groceries for our beneficiaries during the Circuit Breaker.



A PRIVATE VIEWING OF STAR WARS: THE RISE OF SKYWALKER

A joyous gathering of our friends and families on 21 December 2019 to a delightful private movie screening. A shout out to the costumers from Rebel Legion Catha Base Singapura.



FAITHACTS CHARITY DINNER

We would like to express our heartfelt gratitude to our donors that in spite of the cancellation of the event due to Covid-19, they continued to support our causes.



LIST OF DONORS AND CORPORATE SPONSORS

1 AUGUST 2019 - 31 JULY 2020

A

Ang Ley Keow
Ang Mei Feng Karen
Ang Soo Kim
Anglo-Chinese Junior College
(alumni) - Passion AC
Anson International Paediatric &
Children Development

B

Birthday Brigade Singapore

C

Chan Eng Jeow Francis
Chan Kok Leong Edwin
Chan Kwai Onn
Chan Lai Chan Felicia
Chan Lim Yooi David
Chan Poh Lin
Chan Sheot Harn
Chan William
Chen Carena
Chen Guan Liang
Chen Kah Min
Chen Zao Xiang
Chen Zhiyun
Chew Leong Kiong
Chew Li Min
Chia Him Meng
Chia Mike
Chiang Siew Hwa
Chng Han Shen
Chong Kong Hui
Chow Jonas
Chow Yuet Han Rina
Chua Chor Mui Helen
Chua Yeow Hooi
Chua Foundation
Credence Partners Pte Ltd

E

Edamamedia Pte Ltd
EDIS Cares
Engineering Good

Ephesians Cell Group
(True Grace Church)
Ethos Search Associates Pte Ltd

F

Faith Methodist Church
Focus Adventure Pte Ltd
Fok Chui Kwan Cindy
Fong Madeline
Foo Say Twang
Food Bank Singapore

G

Gan Peter
Goh Annie
Goh Boon Hwa Ivan
Goh Mui Pong
Goh Teck Jin
Goh Toh Wee Thomas
Goh Weili Jeremy
Goh Yong Pei Winney
Gui Choon Hock Tony

H

Han Tock Mui Kelly
Hang Pei Ming
Health Promotion Board
Heritage Care
Hewlett Packard Enterprise
Foundation
Ho Mei Ping Cindior
Huang Miao En Deborah
Huang Yong Choo
Hwa Chong Institution
(Project Fidus)

J

Johnson Controls-Hitachi
Air Conditioning (S) Pte Ltd
Jet Cell International

K

Kam Tse Tsuen Aubeck
Khew Si Ying

Khor June
Koh Ai Gek
Koh Hwee Jeen Beatrice
Koh Kwang Hwee
Koh Moi Yam
Koh Yean Leng Cindy
Kong Weizhao Benjamin
Kow Hui Meng
Krishaswamy Venkataraman

L

Lam Chet Kok
Lam Kien Ann
Lam Wai Kit Joel
LeDiva SG
Lee Foundation Singapore
Lee Huan Lin Sharon
Lee Hung Young
Lee Joash
Lee Wee Leong
Leo Wei Lin
Leong David
Leong Lemuel
Leow Kim Liat
Li Tze Jiun
Liaw Chun Huan
Liew Fook Yan Gerald
Lim Boon Liau Daniel
Lim Cheng Yong
Lim Chern Chern Claire
Lim Goek Hoon Christina
Lim Janice
Lim Kim Chuan Harold
Lim Lean See
Lim Seng Huat Danny
Lim Sok Hoon
Lim Yan Kian Jonathan
Lim Yan Tat Jeremy
Ling Li Hui Rebecca
Loh Mun Siong Daniel
Loi Henry
Low Kah Tzay
Low Siaw Tat Dennis
Lye Pek Ling

M

Mah Chor Kiat
MDH Resources

N

National Heritage Board
Ng Alice
Ng Cheng Hai Bryan
Ngee Ann Secondary School
Ng Eng Huat Vince
Ng Shu Ying Pamela
Ng Siew Kim Shirley
Ng Swee Lian Nicholas
Ng Wee Teck John
Nga Diong Weng Vincent
Niam Susan
NTUC FairPrice Foundation

O

Ong Kian Ann Jeremiah
Ong Seow Chiang Vincent
Ong Yi Chao
OUE Limited

P

Paya Lebar Methodist Church
Peh Lilian
Pok Bee Cheng
Portia Dizon
Prachsanee Uttachat
Project Smile SG
PT Surveyor Indonesia (Persero)

R

Raffles Girls' School
Raye Adrian Christopher Gerad
Rebel Legion Cathar Base
Singapore
Refresh Wellness

S

SAGE Foundation
Schelkis Yvonne

Seacold Seafoods (S) Pte Ltd
Seagate Singapore International
Headquarters Pte Ltd
Seow Kiat Huat
Sim Ghee Tiong Leonard
Sim Si Hua Joy
Sng Li-Hwei
Soo Vieter
Soong Wei San
State Street Bank and
Trust Company
Su Tee Yong

T

Tai Wei Shyong
Tan Chow Boon
Tan Chuan Ching
Tan Hai Meng
Tan John
Tan Lee Hia
Tan Lian See
Tan Ming Hong David
Tan Phaik In
Tan Sai Tiang
Tan Siow Kiat
Tan Sock Fong
Tan Soh Hoon
Tan Sok Hong
Tan Yu Wei Christopher
Tan Zheng Rong John
Tang Henry
Tay Alice
Tay Daniel
Tay Kay Li Zoe Marie
Tay Nancy
Tham Daniel
Tham Woon Yew Peter
The Esplanade Co Ltd

U

United Overseas Bank

W

Wan Geok Lian Jaslyn
Wearnes Automotive Pte Ltd
Wong Chiang Siang
Wong Chong Howe
Wong Hian Hwee Constance
Wong Kron Joo
Wong Sai Ho Simon
Wong Sok Yee
Wong Yee Peng Helen
Wong Yong Nee

Y

Yang Kong Kai Bernard
Yap Warren
Yee Ellen
Yek Yoke Kheng Josephine
Yeo Chee Khoon Thomas
Yeo Chye Whatt Kenneth
Yeo Lei Nee Lily
Ying Bernard
Yip Karen
Yong Yuen Leng Michelle
Yuen Foong Har Shana
Yuying Secondary School

Z

Zhang Annie

DISCLOSURE REPORT

RESERVE POSITION AS AT 31 JULY 2020	FY2019/2020	FY2018/2019
A Accumulated fund-Unrestricted	2,226,013	1,907,771
B Total Fund	2,226,013	1,907,771
C Total Annual Operating Expenditure	1,111,981	1,311,154
D Ratio of Funds to Annual Operating Expenditure (B/C)	2.00	1.46

The audited financial statements are posted on our website: www.faithacts.org/about.html

RESERVE POLICY

FaithActs will maintain a reserve of not less than six months and not more than twenty-four months of the yearly expenses. The amount of reserves that is required will be reviewed regularly.

BOARD MANAGEMENT

No board members hold staff appointments.

No board member received any remuneration during the year.

A total of 6 board management meetings were held in FY19-20 on the following dates: 01.10.19, 29.10.19, 21.01.20, 17.03.20, 19.05.20 and 21.07.20

FY19-20 DISCLOSURE OF BOARD MEMBERS ATTENDANCE

BOARD MEMBER	CURRENT DESIGNATION	DATE OF FIRST APPOINTMENT TO BOARD	BOARD ATTENDANCE
Dr Lee Wee Leong	Chairman	22/10/2009	6/6
Mr Goh Tiak Boon	Vice Chairman	14/10/2017	6/6
Mr Wong Kron Joo	Honorary Secretary	06/02/2004	6/6
Mrs Koh-Ang Ley Keow	Honorary Assistant Secretary	13/09/2009	5/6
Ms Koh Yean Leng Cindy	Honorary Treasurer	29/10/2019	4/5
Mr Tan Chin Leong Nelson	Honorary Assistant Treasurer	14/11/2017	5/6
Mr Chan Chee Yin Andrew	Member	06/02/2004	4/6
Mr Liaw Chun Huan	Member	19/03/2019	6/6
Mr Lim Boh Chuan	Member	19/03/2019	6/6
Mr Lim Song Kiang Albert	Member	06/02/2004	4/6
Ms Niam Susan	Member	19/10/2011	3/6
Mr Sim Hock Chye William	Member	06/02/2004	4/6
Mr Tan Boon Seng Jason	Member	15/11/2016	3/6
Mr Tan Chow Boon	Member	11/11/2007	5/6

In Financial Year 2019-2020, 7 board members served for more than 10 years as they are able to contribute to the programmes of FaithActs.

RELATED PARTY TRANSACTION

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

WHISTLE – BLOWING POLICY

FaithActs' Whistle-blowing policy aims to provide an avenue for employees to raise concerns and offer assurance that they will be protected from victimisation for whistle-blowing in good faith.

CIRCUIT BREAKER

- LIVING WITH CORONAVIRUS



WITH OUR BENEFICIARIES DURING LOCKDOWN

It has been a tumultuous six months since we ushered in the year 2020. COVID-19 has suddenly taken centre stage globally and caught many of us unprepared. Daily stories revolved mainly on statistics of infections and deaths, dampening our spirits.

The two-month Circuit Breaker or CB rudely knocked us down with strict isolations and social distancing. All of us were forced to stay at home and avoid physical interaction especially with the vulnerable groups. These restrictions greatly hindered our work at FaithActs.

KidsLEAP online

Activity 2:
Everyone describe your friend in 1 word using adjectives



We take heart that with the use of technology, we could still guide our youths with their school homework.

Online enrichment programmes were made available to continue engaging our youths through Zoom and Whatsapp platforms. For our seniors, we communicated with them through telecare to show our concern and ease their anxiety with being cooped up at home. We also produced a video on our WOW exercise programme to help them continue their exercises at home.



Seniors Workout

COVID-19 SPECIAL

Given the CB restrictions, we worked closely with government agencies to provide immediate assistance, such as meal delivery to vulnerable families and seniors in isolation. We continued to deliver basic essentials and groceries to their homes and check on those who were not contactable by phone to ensure they were safe.

PUTTING A SMILE ON OUR SENIORS' FACES DURING CIRCUIT BREAKER



For such a time as this!



This period also showed us how physical basics alone were inadequate to meet the needs of these individuals and families. There were other social and health aspects that needed more attention. We experienced this in our work with Mdm Lee*.

Mdm Lee suffers from depression, anxiety disorder and insomnia. Her husband was in the halfway house and she was all alone at home with no family support. Mdm Lee lost her part-time job in February and had not been successful in sourcing for another job. Her savings were depleting and she felt extremely insecure and lost.

She was worried about her daily living expenses and the Covid-19 situation further aggravated her condition. While Mdm Lee had gone to the Social Service Office for financial aid, she had to wait for at least four weeks for approval. FaithActs stepped in and provided her with groceries and household items to tide her through.

However, fear gripped her even further with each passing day.

When circuit breaker measures were announced, it was now us who were desperate. What if Mdm Lee attempted suicide again? How could we be readily accessible to her during such a time? With all of us working from home, could we even reach her in time if something were to happen!



*Not her real name

COVID-19 SPECIAL



“ *She shared recently with us that she feels an inner peace and assurance each time she is reminded to stay focus on God as her source of provision.*

”

Through telecare, we had the opportunity to encourage and counsel her. Fortunately, her situation turned out better as she started to receive financial support from a few sources and this eased her financial burden.

Her husband was granted an early release in May instead of November. She was relieved as she could now have support from her husband.

She shared recently with us that she feels an inner peace and assurance each time she is reminded to stay focus on God as her source of provision.

For the FaithActs team, we often felt disappointed and frustrated as we were not able to do what we normally do. We had to learn to pause and come up with ways to do things differently – we learnt the lesson on how to be F.A.T. [flexible, adaptable and teachable].

We are thankful that things will get better for her and our situation!

OFFLINE SERVICES



AUNTY ALICE - FRAIL SENIOR NEEDING ATTENTION

When Aunty Alice, a vulnerable senior, failed to respond after a few routine calls, we decided to visit her to make sure she was all right. We were quite fearful that something had happened to her when she did not respond to our repeated calls and the knocks on her door.

To our relief, she finally opened the door 15 minutes later. It turned out that she was not wearing her hearing aid. We were thankful that she was still healthy and in good spirit!



MDM NG - SENIOR NEEDING HELP WITH ERRANDS

Mdm Ng, 86, has been with FaithActs for the past 8 years. Since her husband's death in 2012, Mdm Ng has been living alone. Having to adapt to a new life all over again without her husband, FaithActs supports her financially, ferries her to join our programmes and assists her in her errands.

Due to her mobility issue, we have rendered additional support during the Circuit Breaker period by checking in with her regularly, delivering essentials and some surgical masks, and also collecting the reusable masks on her behalf.

As the General Election was held during this unprecedented time, we have also made the necessary arrangement to bring her to the Polling Centre for voting. She has expressed tremendous gratitude towards FaithActs and is looking forward to returning to FaithActs for exercise!

OFFLINE SERVICES

COVID-19 SPECIAL

MDM KOK - SENIOR WITH SHEER DETERMINATION

Mdm Kok, 91, has never missed any of the Seniors' programmes since 2020. However, things took a turn for the worse when her husband passed away; she had a fall at home followed by a mild stroke and was hospitalised for a period of time. With sheer determination, she persevered through a series of rehabilitation with the support of her family and FaithActs. Her condition gradually improved and FaithActs encouraged her to join the circuit low mobility class. Through this programme, she is motivated to strengthen her physical well-being.



ONLINE SERVICES

KIDSLEAP

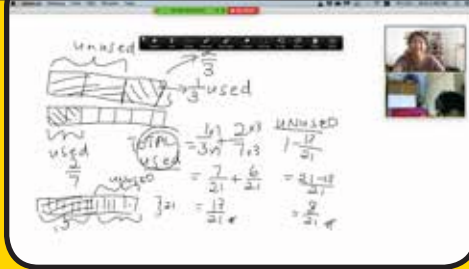


These are some of the children in KidsLEAP (Advanced) Online. With the help of volunteers from Hwa Chong Institution, Raffles Girls' School (Secondary), and NUS' Kent Ridge, we were still able to engage these children during and after circuit breaker through the use of video conferencing and online tools. To help the children adjust to the new normal, a portion of the lesson led by HCI focused on their well-being by giving them time to share and learn life skills such as internet safety, stress management, and to be grateful for what they have.



"Miss Rachel thank you for bringing us to FaithActs and bringing us back to school."

TUITION



Our tuition programme aims to provide a platform for students to build confidence and motivation to cope with their academic needs and social issues. With volunteers taking the children on a 1:2 ratio, we hope to foster strong mentor-mentee relationships to journey with them in their maturing years. Every January and July, there are orientations to provide opportunities for bonding between tutors and tutees; some, conducted by Community Youth Fellowship. There have been 40 primary school students and 24 secondary school students in the tuition programme.

As a way of adapting to the COVID-19 pandemic, the option of online tuition was made available with the help of our staff, committed and passionate regular volunteers. Currently, face-to-face tuition has been resuming gradually for some of our students with safe distancing measures in place.

EARLY LEARNING PROGRAMME (ELP)

ELP online was launched during Covid-19 to encourage both staff and volunteers to be creative and flexible in the way we conduct our lessons for the children. This new model for lessons has provided for us an alternative to reach out to children who may have been unable to attend physical lessons due to various reasons.



NHB HERITAGE CARES ONLINE STORYTELLING



HeritageCares Team conducted the online Storytelling: Singapore Stories for 15 of our children on 19th May 2020 during circuit breaker period. The programme is supported by the Speak Good English Movement.

SENIORS WORKOUT

In keeping our seniors fit, we produced a video specially for seniors who are digitally savvy – they could follow it online or via their mobile phone.



FAITHACTS PROGRAMMES & SERVICES

BLOCK 50 COMMONWEALTH DRIVE



CHILDREN & YOUTH SERVICES

- Early Learning Programme Plus
- Experiential Learning Journey
- Girls' Empowered (GEm)
- Group Work, Talks & Workshops
- Junior Chef
- KidsLeap
- Sports, Adventure & Outings
- The Learning Hub
- Tuition – Mentoring



SENIORS SERVICES

- Geriatric Care
- Gray Matters / Health & Wellness Talks
- Intergenerational Programmes
- Mobile App & Hanyu Pinyin Class
- Social Recreation & Outings
- WOW Workout for different mobility groups



COMMUNITY OUTREACH

- Casework & Counselling
- Bursary & Scholarship
- Community Involvement
- Home Wellness
- Legal Clinic

TO ENGAGE OUR COMMUNITY

BLOCK 118 COMMONWEALTH CRESCENT



CHILDREN & YOUTH SERVICES

- After-School & Enrichment Programmes
- Early Learning Programme
- Night Tuition



SENIORS SERVICES

- Mobile App & Hanyu Pinyin Class
- Seniors Health Talk & Workshops
- WOW Seniors Workout

BLOCKS 1 & 13 DOVER



WOW WORKOUT EXERCISE

- (Outdoor @Block 1 Dover Road)



@BLOCK 13

- DecaSilver online
- Health Talks
- Line Dance Class
- Ukulele Class

ENQUIRIES

Tel: 6339 7611 | Email: info@faithacts.org.sg | Office Operating Hours: Monday - Friday | 9am - 6pm

DONATION FORM



PERSONAL PARTICULARS

Name: _____

NRIC No: _____

Address: _____

Contact No: _____

Company Name: _____

UEN No: _____

Company Address: _____

Email: _____

I wish to remain anonymous and not have my name in FaithActs publications.

MODES OF DONATION

- CHEQUE:**
Payable to FaithActs
- INTERNET FUND TRANSFER**
Beneficiary: FaithActs
- CREDIT CARD:**
Login to: www.giving.sg

DBS Current Account:
008-900431-0

UEN: T04SS0050J



SCAN TO PAY

DONATE VIA QR CODE PAYMENT THROUGH:

DBS Paylah!, NETS, NETS Pay, OCBC Pay Anyone, UOB Mighty

CONTACT US

- info@faithacts.org.sg
- 6339 7611
- www.faithacts.org.sg

I hereby acknowledge and consent FaithActs to collect, use and disclose my personal data for the purpose of this donation. I understand that the details of the Data Protection Policy can be found at www.faithacts.org.sg

Kindly send us a screenshot of your donation transaction together with your name & NRIC details (for a tax-deductible receipt) WhatsApp to 9830-6416 or email donate@faithacts.org.sg

- Note:
- All donations made to FaithActs by 31 March 2021 qualify for the dollar-for-dollar matching grant for donations raised through approved fund-raising projects.
 - All donations are eligible for 2.5times tax-deduction (subject to Govt regulations).

MAKE A DIFFERENCE

MAKE A DIFFERENCE TO OUR COMMUNITY TO IMPACT, CHANGE AND TRANSFORM LIVES! LOG ON TO OUR WEBSITE: WWW.FAITHACTS.ORG. SG TO SUPPORT THESE LIVE CAMPAIGNS.

SINGLE PARENTS IN NEED (SPIN)



Support our needy families during this crisis to provide basic necessities such as meals, counselling and case work support for the vulnerable families and education for youths.

SENIORS PROGRAMME ON TECHNOLOGY (SPOT)



Support seniors to be equipped with the necessary IT skills through a customised curriculum to give them the head start to be more digital savvy.

KIDS' ENGAGEMENT, ENRICHMENT & EMPOWERMENT (K3ES PROGRAMME)



FaithActs prioritises children's education and character development. The K3Es Programme aims to give children a more holistic approach in learning. Sports, creative arts, life skills, digital literacy, and self-awareness are some of the methods and topics that will be covered during the programme

to help build the children's self-esteem and confidence when facing challenges in life. Using group-based workshops and hands-on activities, we hope that the children will be able to better retain the knowledge gained from K3Es.

Tear Along Dotted Lines



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FaithActs is a community care service of Faith Methodist Church.

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