

# CAPTURING EARLER EARLER CHAPTER ANNUAL REPORT 2022 - 2023

## CONTENTS

- **3** Patron's Message
- 4 Joint Message by Pastor & Chaplain
- 5 Chairman's Message
- 6 Management Committee
- 7 Staff Team
- 8 Our 3 Centres Figures at a Glance
- **10** Children & Youth Services

#### **32** Senior Services

- **48** Community Outreach
- **66** Our Other Centres
- **76** Key Highlights and Volunteer & Corporate Management
- **104** Disclosure Report
- **109** Acknowledgements

### Our Background

FaithActs is a non-profit community care service serving children with learning challenges, youth-atrisk, disadvantaged families and seniors in Queenstown since 2004. Our aim is to impact, change and transform lives regardless of their ethnic, socio-economic and religious backgrounds.

Our mission is to provide quality  $\vartheta$  holistic services that address social issues with our distinctive Christian love that meet the changing needs of the community.

FaithActs is registered with the Registrar of Societies and the Commissioner of Charities. We are also a member of National Council of Social Service and is approved as an Institution of a Public Character (IPC) since 2008.

Our Core Values

**CARING** – Respect the dignity and worth of every person in our helping relationship

**COMPASSIONATE** – Be empathetic in understanding the needs of each individual so as to fulfill our Christian responsibility to the society

**COMPETENT** – Serve professionally through our knowledge, experience and skills

**CAPABILITY-BUILDING** – Embrace opportunities to grow and learn to be better equipped

**COURAGE** – Ability to overcome obstacles and challenge status quo to encourage changes

**COMMUNITY** – Be open to collaborate and accommodate to serve the common good





## PATRON'S MESSAGE

As we cast the shadows of the pandemic behind us, FaithActs has not only resumed its full suite of programmes and services, it has also taken on the mantle of supporting several ComLink (Community Link) programmes. Through ComLink, FaithActs works with the Social Service Office @ Queenstown to uplift low-income families with young children.

I am heartened to learn that programmes initiated under the ComLink umbrella (e.g. the KidsLearn programme) have made a positive impact. Take Alisyah for instance. She is a participant of the KidsLearn programme. Her mum shared that **"Alisyah has learnt to be more vocal and this helps her in school as well"**. A parent of another participant said, **"Arissa can't wait, every time she will ask me when can she go for KidsLearn. I'm glad that she likes the class as she is very pampered and has never been alone by herself, usually she will cry". I thank FaithActs for working with Youth Corps Singapore to bring this early literacy and befriending programme to our young ones.** 

FaithActs also works with SportCares to offer a range of sport activities called FUN Starters in February this year. To develop basic life skills at an early age, the Social Service Office (SSO) and Children's Wishing Well also offered the FRESH (Fresh gRoceries for Every Student's Home) programme in May 2023. Under FRESH, children learn to shop for nutritious foodstuff and at the same time, make prudent budgeting decisions when shopping for groceries.

FaithActs' core belief in uplifting family fits well with the ComLink's objectives, i.e. to journey with these families to achieve  ${\bf S}$  tability,

Self reliance and Social mobility. I am deeply encouraged by and grateful for the commitment of individual volunteers and partner organisations for their hard and heart work. I am confident that FaithActs will continue to be the bedrock of support to those in need, and to work closely with partners to continue empowering the lives of the disadvantaged and distressed.

### **MR ERIC CHUA**

Senior Parliamentary Secretary, Ministry of Culture, Community and Youth & Ministry of Social and Family Development. Member of Parliament & Adviser of Tanjong Pagar GRC (Queenstown)

## JOINT MESSAGE BY PASTOR AND CHAPLAIN

The theme for FaithActs Annual Report is "Capturing Every Chapter". A chapter begins whenever one steps into the door of FaithActs. We are encouraged by the many testimonies of lives changed and impacted through the various programmes and services rendered. We are blessed to know that the staff and volunteers are spontaneous in expressing care and love to all the beneficiaries. This could be seen in one of FaithActs' chapter in the life of the late Mdm Ng Pei Eng. She left behind a legacy for her daughter to continue the relationship with FaithActs.

With a growing number of FaithActs' beneficiaries, we are encouraged to learn that our Church's members jointly visited the residents with FaithActs' staff to get to know them. Some even volunteered in welcoming the residents during the block parties organised by FaithActs. Such acts of kindness to support those who live alone are expressions of our love to God as we show care and concern for the disadvantaged. There are members who also assisted in bringing residents for medical appointments and also providing transport to ferry children and seniors to FaithActs' Centre for the various activities.

Love requires action. We hope the Church's members would continue to partner FaithActs to share and serve others as an act of love for God.

### Our Appreciation

The Management Committee and staff would like to express our gratitude to Rev Shannon Chan for her prayers, support and guidance as Chaplain of FaithActs. We wish her God's blessings in all her endeavours.



REV SHANNON CHAN

My dearest late mum was a very active member in FaithActs (FA). After my dad passed on in 2007, she participated more in many activities. I am so thankful to all the engagements and interactions she had in FA, keeping her anchored in church. I believed that had made her silver years meaningful and purposeful! FA was a place she spent many days of her life in, hence I decided to volunteer with my family as our acts of remembering her and also to show our appreciation to all your tireless efforts. A huge thank you to all the volunteers and sponsors in FA that had played an integral part filling my late mum's life with love and kindness. God will continue to bless FA to be a blessing to many!



Angela and Family Daughter of late mum, Mdm Ng Pei Eng

## CHAIRMAN'S MESSAGE

FaithActs had much to celebrate over the past 19 years. Capturing the successful and hopeful chapters of change or development in our beneficiaries' lives motivates us to do more. This is especially so having been awarded as an Eldercare Centre Service Model (Transition) by Ministry of Health in October 2022. In serving a bigger group of seniors, we are doing more in the areas of general outreach and active ageing programmes. FaithActs also partners Social Service Office (Queenstown) under the Ministry of Social and Family Development to support its Community Link (ComLink) programmes so that families with children living in rental housing could achieve their goals with assistance from different stakeholders.

FaithActs continues to uphold its vision to change, impact and transform lives as we believe that every individual deserves a chance to rebuild a better tomorrow and to start new chapters in different phases of one's life. FaithActs has journeyed with many beneficiaries and will work closely with those living with pressure to provide them with the necessary guidance and support.

On a brighter note, there are many new exciting developments in the pipeline. We look forward to the Health District @Queenstown Ibasho Project as FaithActs plays an instrumental role in introducing Ibasho concept to the new community at Margaret Drive.

As we head into a new normal, the focus will now move towards building a strong community of care and share. We cannot do this alone, we hope to rally our staff, volunteers, donors and sponsors together to create and strengthen a robust community. We seek your contribution to make a difference with us in our community.



DR LEE WEE LEONG | Chairperson





# **STAFF TEAM**









Dr Lee Wee Leong Chairperson

Mrs Koh-Ang Ley Keow Assistant Honorary Secretary Honorary Secretary

Mr Albert Lim

Member

Honorary Treasurer





Member

Mr Andrew Chan Member





**Ms Susan Niam** Member



Mr Lim Boh Chuan Member

**Rev Reuben Ng** 

Mr Liaw Chun Huan Member





**Ms Shirley Ng** Ex-Officio

FaithActs Executive Director



Chaplain Faith Methodist Church Assistant Pastor

**Rev Chan Mei Ming** 

## Our Appreciation

We would like to record our gratitude to Mr Goh Tiak Boon and Mr Jason Tan for their past contributions as Management Committee member.



FRONT ROW | L to R Adeline Choo, Stella Seah, Chan Shio Li, Jonathon Quah

Celestine Foo, Jolene Lau, Lim Sok Hwee, Ngiam Kai Ying, Shirley Ng, Helen Wong, Jean Hong, Brian Zhang, Sharifa Sharif, Tricia Tay, Patricia Tan and Ivan Lam

# **OUR 3 CENTRES** FIGURES AT A GLANCE

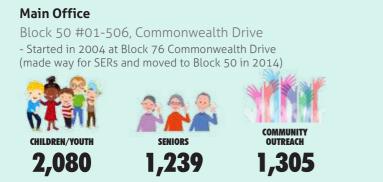
### Our Background

FaithActs is a non-profit community care service serving the needs of children with learning challenges, youths-at-risk, disadvantaged families and seniors in Queenstown. Our aim is to impact lives through the provision of a wide range of quality programmes and services to meet needs and address social issues, regardless of their ethnic, socio-economic and religious backgrounds.

FaithActs is registered with the Registrar of Societies and the Commissioner of Charities since 2004. We are also a member of National Council of Social Service and approved as an Institution of a Public Character (IPC) since 2008.









**Enrichment Centre** Block 118 #01-23, Commonwealth Crescent - Started in 2017





Seniors Activity Hub Block 13 #01-212, Dover Close East - Started in 2019



### TOTAL NUMBER OF PARTICIPANTS FROM 3 CENTRES AND SCHOOLS: 11,062

Note: Other than programmes and services provided at the 3 Centres, FaithActs also conducts Learning Journey for 5,301 students from primary and secondary schools.



### THE LEARNING HUB

44 CHILDREN | 962 VOLUNTEERS

### **TUITION - MENTORING** 56 CHILDREN | 63 VOLUNTEERS

KidsLEAP 39 CHILDREN | 26 VOLUNTEERS

> EARLY LEARNING PROGRAMME PLUS

27 CHILDREN | 27 VOLUNTEERS

## JUNIOR CHEF

34 CHILDREN | 4 REGULAR VOLUNTEERS

### GIRLS' EMPOWERED (GEM) 23 GIRLS | STAFF LED

WALK-THE-TALK 13 BOYS | STAFF LED

### **PROGRAMMES AT A GLANCE**

@Block 50 Commonwealth Drive

**SHARED VALUES** 

TRAITS

### SPORTS, ADVENTURE & OUTINGS

ACADEMIC

41 CHILDREN - 16 VOLUNTEERS/STAFF LED

CREATIVITY

### **GROUPWORK, TALK & WORKSHOPS**

178 SESSIONS | 134 VOLUNTEERS

### EXPERIENTIAL LEARNING JOURNEY 370 STUDENTS | 16 VOLUNTEERS

**CELEBRATION** 197 STUDENTS | 49 VOLUNTEERS

FAITHACTS ANNUAL REPORT 2022/23 | 11

10 | FAITHACTS ANNUAL REPORT 2022/23

ACADEMIC

## THE LEARNING HUB

Since its inception 7 years ago, The Learning Hub has been providing educational support to children while their parents pursue employment opportunities. With the support of our dedicated team of volunteers, our children's homework was supervised and they get to participate in a variety of enriching activities and workshops which encourage them to learn various skill sets and develop curiosity that goes beyond classroom.

Over the years, we have reached out to 128 children. This year, we have 44 children who have signed up for The Learning Hub after-school programme.



**MON - FRI** 

(2PM - 6PM)

## **TUITION** – MENTORING

The programme aims to support students from primary and secondary school who face difficulties in coping with their studies, school adaptation and social issues. The tutors are instructed to observe the students' academic, social and emotional well-being. The programme provides a safe platform for students to develop confidence and motivation. Parents were provided regular feedback on the progress of their ward. There are a total of 56 students supported by 63 volunteers.





Date	Programme	Students	Volunteers
11 Jan 23	Primary School Tuition Orientation	15	10
12 Jan 23	Secondary School Tuition Orientation	18	12



# **KIDSLEAP**



KidsLEAP has been an integral part of the educational arch of FaithActs youth programmes since 2014. With its 3 different segments designed to engage children of varying English proficiencies and age groups, KidsLEAP provides continued support to these children as they progress through their core years of primary school.

### **Basic Reading**

Our recently updated collection of children's storybooks has been popular with our P1 and P2 students in this programme. It provides the volunteers with not only an interactive medium to engage the children, but also a tool to hone basic literacy skills like verbal fluency, word recognition, spelling and handwriting. By creating a fun and comfortable atmosphere, we hope our younger children come to enjoy and take interest in their learning of the language. We have 12 kids and 7 volunteers participating in the last year.



Date	Programmme	Participants
24 Jul 22	Thematic Workshop: 4 Seasons	6
25 Jul 22	Thematic Workshop: Feelings	5
3 Oct 22	Thematic Workshop: Animals	6
19 Dec 22	Graduation Party	6

### BASIC READING: MONDAYS 3.00PM - 4.30PM FOR PRIMARY 1-2

### **Advanced (Online)**

As the children progress to their exam taking years, the Advanced segment hopes to ease that transition by using a more targeted curriculum that can translate their improvements into better results in school. The P3s and P4s are guided by our volunteers during the weekly sessions, covering various exam components like grammar rules, reading comprehension and compositional writing. In the past year we have engaged 25 kids through 17 volunteers.

### **Specialised Individual Learning**

For children with additional learning difficulties, like dyslexia etc., a trained volunteer is able to provide one-on-one support to work with them according to their pace and needs. Over the last year, we have been working with 2 children with 2 of our volunteers. ADVANCED (ONLINE): WEDNESDAYS 3.00PM - 4.30PM

FOR PRIMARY 3-4

SPECIALISED INDIVIDUAL LEARNING: WEEKLY

# EARLY LEARNING PROGRAMME PLUS (ELP\*)

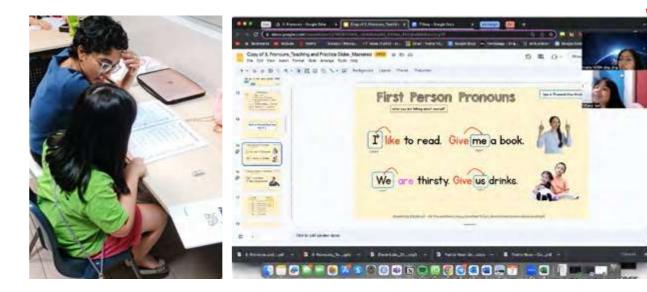


### **Online and Physical Lessons (April to November)**

In collaboration with EDIS Cares and Learning Vessels, ELP+ was developed in 2019 to support the graduating students of ELP, and other P2s who require additional support in building their grammar foundation. Our onsite and online classes have been welcomed by parents for its flexibility, with 27 participants and 27 volunteers participating in the programme last year.

Additionally, specialist evaluations are available for children who indicate possible learning difficulties so early intervention measures can be taken.

Date	Programmme	Participants
26 Nov 22	Graduation Party + Market Day Carnival	13



### CREATIVITY

# **JUNIOR CHEF**

### THURSDAYS (3PM - 5PM)

FOR PRIMARY

Junior Chef programme first started back in 2013. We hope to inculcate positive life values to the youths through weekly cooking. The youths will learn and taste a simple dish tagged to the month's theme. The youth learn to be a team player, listen to instructions and also clean up after each cooking session. There were 34 children who have participated in this year's Junior Chef.



05555555555

I look forward to Thursday every week where I can learn cooking! Junior Chef has helped me grow in my confidence and be a good team player.

Ernest – 10 years old

# **GROUPWORK, TALKS & WORKSHOPS**



We prioritise the growth and development of our younger generation by focusing on character building and life skills training. Through our online and onsite programmes, our youths and children are given many opportunities to explore different interests while inculcating social and community values.



Date	Programme	Students
2022		
1-Aug	Project Resonance Music Class	18
2-Aug	Music and Dance Class by NYGH	16
3-Aug	Science Experiment: DNA Models by NYGH	19
10-Aug	Project Resonance Music Class	10
12-Aug	Kard Project: Penpal Writing	6
15-Aug	Project Resonance Music Class	17
17-Aug	Science Experiment: Rainbow Milk by NYGH	21
22-Aug	Science Experiment: Oxidation by NYGH	21
23-Aug	Music and Dance Class by NYGH	23
29-Aug	Project Resonance Music Class	17
31-Aug	Science Experiment: Acid & Bases - Sherbet Making by NYGH	20
31-Aug	Culinary Appreciation Workshop for	9
	Fairfield Methodist School (Primary)	
5-Sep	Kard Project: Penpal Writing	9
7-Sep	Project Resonance Music Class	15
9-Sep	Stick'em - Robotics Workshop	13
12-Sep	Project Resonance Music Class	21
12-Sep	Origami Workshop by KEVIIing Back	6
3-Oct	3D Sculpting Workshop by KEVIIing Back	6
7-Oct	Kard Project: Penpal Writing	9
10-0ct	Canvas Painting Workshop by KEVIIing Back	5
14-0ct	Kard Project: Penpal Writing	10
17-0ct	Science Experiment: Dough Making by NYGH	19
21-Oct	Sustainability Workshop @ NTPS	100
31-Oct	Science Experiment: Coke & Baking Soda Volcano by NYGH	1 25
31-Oct	Cup Coaster Painting Workshop by KEVIIing Back	8
2-Nov	Project Resonance Music Class	21
7-Nov	Project Resonance Music Class	26
9-Nov	Science Experiment: Hypotheses	25
	- Erasing Permanent Markers by NYGH	
11-Nov	Kard Project: Penpal Writing	7

Date	Programme	Students
2022		
16-Nov	Project Resonance Music Class	8
21-Nov	Project Roots: Electricity & Gravity Experiments by RGS	23
21-Nov	Project Resonance Music Class	21
22-Nov	Art Therapy Workshop	20
24-Nov	Step Youth Crew: Dance Workshop	23
25-Nov	Project Roots: Chemistry Experiments by RGS	23
28-Nov	Day Camp: Oobleck & Captain's Ball by ACJC	17
29-Nov	Public Speaking Workshop	9
29-Nov	Project Hamley: DIY Photoframe Making Workshop by CHI	17
29-Nov	Project Dimsum: Exploring Mandarin - Paper Story Puppets by HCI	17
29-Nov	Dance Therapy Workshop	15
30-Nov	Project Root: Lights & Diffraction Experiments by RGS	22
30-Nov	Project Resonance Music Class	22
1-Dec	Christmas Card Making Workshop by ACJC	19
2-Dec	Slushie Making Workshop by ACJC	22
5-Dec	Playship Adventures: Food Detectives	8
6-Dec	Pop Up Book Fair by NP Mentors	23
6-Dec	Horticultural Therapy Workshop	20
7-Dec	Project Dimsum: Exploring Mandarin - Shadow Puppets by HCI	24
9-Dec	Baking Workshop	20
12-Dec	Project Roots Science Experiments by RGS	12
12-Dec	Project Dimsum: Exploring Mandarin by HCI	17
12-Dec	Step Youth Crew: Dance Workshop	17
14-Dec	Crafts Workshop: Bookmark Making	15
14-Dec	Project Resonance Music Class	20
19-Dec	Project Roots: Oxidation Experiment by RGS	20
19-Dec	Project Resonance Music Class	20

Date	Programme	Students
2022		
20-Dec	Step Youth Crew: Dance Workshop	19
21-Dec	Competition Games: Paper Plane & Mini Bowling	18
21-Dec	Project Dimsum: Exploring Mandarin	18
	- Chinese Knots Craft by HCI	
21-Dec	Science Experiment: Chromatography Flowers by NYGH	18
22-Dec	Step Youth Crew: Dance Workshop	19
27-Dec	Project Dimsum: Exploring Mandarin - Team Games by HC	20
28-Dec	Step Youth Crew: Dance Workshop	16
28-Dec	Project Resonance Music Class	16
29-Dec	Step Youth Crew: Dance Workshop	20
29-Dec	Scavenger Hunt	20
30-Dec	Step Youth Crew: Dance Workshop	20



Date	Programme	Students
2023		
4-Jan	ForestFest Upcycling Workshop by VJC	29
9-Jan	Science Experiments: Surface Tension by NYGH	30
10-Jan	TLH Orientation Games	31
11-Jan	Project Resonance Music Class	33
13-Jan	CNY Crafts Workshop by Jessie Tham	5
16-Jan	Project Resonance Music Class	26
18-Jan	Science Experiment: Bubbles by NYGH	27
25-Jan	Project Resonance Music Class	25
25-Jan	Project Harmony: Electric Keyboard Class by RI	6
30-Jan	Project Resonance Music Class	27
31-Jan	Faith In Youth: Ang Bao Origami Workshop by NYGH	23
1-Feb	Science Experiment: Dancing Raisins by NYGH	22
1-Feb	Project Harmony: Electric Keyboard Class by RI	6
6-Feb	Science Experiment: Marshmallow Tower by NYGH	27
6-Feb	Faith In Youth: Building Relationships by NYGH	4
8-Feb	Project Resonance Music Class	23
8-Feb	Project Harmony: Electric Keyboard Class by RI	6
10-Feb	EnviroKids: Making Musical Instruments Workshop by Sheares Hall	29
13-Feb	Project Resonance Music Class	29
15-Feb	Science Experiments: Acid & Bases by NYGH	26
15-Feb	Project Harmony: Electric Keyboard Class by RI	10
17-Feb	Project Shooting Star: Dance Class by RGS	29
20-Feb	Science Experiment: Catapult Making by NYGH	26
20-Feb	Faith In Youth: Gratitude Card Writing Workshop by NYGH	8
22-Feb	Project Resonance Music Class	25
22-Feb	Project Harmony: Electric Keyboard Class by RI	10
1-Mar	Science Experiment: Egg Drog by NYGH	28
1-Mar	Project Harmony: Electric Keyboard Class by RI	11
3-Mar	Project Shooting Star: Dance Class by RGS	30

Date	Programme	Students
2023		
7-Mar	Mass Games by Cedar Girls	33
8-Mar	Project Resonance Music Class	31
8-Mar	Project Harmony: Electric Keyboard Class by RI	10
14-Mar	Faith In Youth: Trivial Quiz	21
16-Mar	Art Literacy Workshop by Interact Club (ASCI and CJC)	21
16-Mar	Rabbit Towel Workshop by Jessie Tham	19
17-Mar	Project Shooting Star: Dance Class by RGS	14
22-Mar	Project Resonance Music Class	32
27-Mar	Project Resonance Music Class	25
29-Mar	Project Harmony: Electric Keyboard Class by RI	11
30-Mar	Project Limitless: Learning About Korean Culture by ACSI	8
5-Apr	Project Harmony: Electric Keyboard Class by RI	10
6-Apr	Easter Card Workshop by UOB	17
10-Apr	Project Resonance Music Class	25
10-Apr	Faith In Youth: Team Bonding Activities by NYGH	7
11-Apr	Origami Workshop by ACSI	7
12-Apr	Project Harmony: Electric Keyboard Class by RI	10
14-Apr	Project Shooting Star: Dance Class by RGS	23
17-Apr	Project Roots: Gravity Experiment by RGS	24
19-Apr	Project Resonance Music Class	28
19-Apr	Project Harmony: Electric Keyboard Class by RI	6
20-Apr	Project Limitless: Mental Well-being by ACSI	9
21-Apr	Project Dimsum: Chinese Lesson by HCI	21
21-Apr	Physical Movement Games by QSS	20
25-Apr	Faith In Youth: Mini Games Station by NYGH	26
5-May	Project Shooting Star: Dance Class by RGS	14
8-May	Project Resonance Music Class	30
9-May	Talk: Self-Control by ASCI	5
10-May	Project Sparkseed: Team Building Activities Part 1 by NUS	5 30
12-May	Project Sparkseed: Team Building Activities Part 2 by NUS	

Date	Programme	Students
2023		
15-May	Project Roots: Pressure Experiment	31
15-May	Project Audela: Character Building Activities by NYGH	6
17-May	Project Resonance Music Class	29
17-May	Project Audela: Character Building Activities by NYGH	8
19-May	Project Shooting Star: Dance Class by RGS	27
23-May	Faith In Youth: Team Bonding Activities by NYGH	31
24-May	Project Audela: Character Building Activities by NYGH	10
24-May	Talk: Anti-Bullying Awareness Campaign by CWSS	29
30-May	Self-Discovery Journey Workshop Part 1	28
	by Ngee Ann Polytechnic	
31-May	Project Resonance Music Class	25
5-Jun	Primary 5 and 6 Science Workshop: Experiment Question:	s 6
6-Jun	Self-Discovery Journey Workshop Part 2	11
	by Ngee Ann Polytechnic	
6-Jun	Fun With Puppets Workshop Part 1 by Ngee Ann Polytechnic	15
6-Jun	Project Athena: Financial Literacy Workshop by HCI	15
7-Jun	Project Art from the heART:	20
	Piggy Bank Making Workshop by RGS	
9-Jun	Fun With Puppets Workshop Part 2 by Ngee Ann Polytechnic	13
12-Jun	Project Audela: Indoor Team Building Games by NYGH	15
12-Jun	Project Shooting Star: Dance Class by RGS	11
13-Jun	Art Link: Paper Mache Workshop Part 1	20
13-Jun	Project Shooting Star: Dance Class by RGS	12
14-Jun	Art Link: Paper Mache Workshop Part 2	20
14-Jun	Project Resonance Music Class	11
15-Jun	Project Art from the heART:	14
	Supermarket Financial Literacy Workshop by RGS	
15-Jun	Project Audela: Marshmallow Tower by NYGH	20
15-Jun	Project Shooting Star: Dance Class by RGS	12

Date	Programme S	Students
2023		
16-Jun	Project Athena: Time Management Workshop by HCI	20
19-Jun	Project Athena: Effective Communication Workshop by HCI	23
19-Jun	Project Shooting Star: Dance Class by RGS	19
20-Jun	Project Shooting Star: Dance Class by RGS	23
21-Jun	Project Athena: Critical Thinking Workshop by HCI	18
21-Jun	Terrarium Workshop by UOB	20
22-Jun	Project Audela: Team Building Games by NYGH	14
22-Jun	Project Athena: Soft Skills Workshop by HCI	14
22-Jun	Project Shooting Star: Dance Class by RGS	21
23-Jun	Project Shooting Star: Dance Class by RGS	19
28-Jun	Project Resonance Music Class	21
28-Jun	Project Audela: Arts and Crafts Workshop	4
5-Jul	Project Audela: Character Building Activities by NYGH	7
10-Jul	Project Roots: Sound Experiment by RGS	13
11-Jul	Board Games by FMSS	5
11-Jul	Observation Games by FMSS	16
12-Jul	Project Audela: Portrait Drawing	7
12-Jul	Project Resonance Music Class	18
13-Jul	Project Limitless: Financial Literacy by ACSI	6
13-Jul	Primary 5 and 6 Maths Workshop: Model Questions	5
17-Jul	Project Resonance Music Class	12
19-Jul	Project Harmony: Electric Keyboard Class by RI	8
20-Jul	Project Limitless: Recycling by ACSI	6
21-Jul	Project Audela: Gratitude Activity by NYGH	4
26-Jul	Project Harmony: Electric Keyboard Class by RI	8
26-Jul	Project Resonance Music Class	17
31-Jul	Project Resonance Music Class	16

# **GIRLS' EMPOWERED (GEM)**

Our girls face an ever changing environment as they grow and interact with their peers. Through open conversations and value-based activities, GEM hopes to help them navigate through the various social and emotional challenges of today. We have engaged 23 girls in the past year through our monthly sessions conducted at our Blk 50 Commonwealth Drive and Blk 118 Commonwealth Crescent centres.

#### MONTHLY (4:30PM - 5.30PM)

FOR PRIMARY



Date	Programme	Girls
2022		
19-Aug	GEm @50: Lantern Painting	5
24-Aug	GEm @118: Beads Craft – Bracelets and Necklaces	5
2-Sep	GEm @118: Mosaic & Water Color	7
28-Sep	GEm @ 50: Appreciating Efforts (Paper Weaving)	8
30-Nov	GEm (Combined): Growth Mindset Workshop	8
23-Dec	GEm (Combined): Beads Craft - Handphone Chains	6
2023		
20-Jan	GEm @50: CNY Lion Dance Cardboard Craft	6
15-Feb	GEm @50: Geometric Shape Crafts	11
16-Mar	GEm @50: Managing Emotions Workshop	11
29-May	GEm (Combined): Pastel Art Activity	11
14-Jul	GEm @118: Appreciating Efforts (Paper Weaving)	5
21-Jul	GEm @50: Art Jamming – Quartz Canvas Painting	9

## WALK-THE-TALK PROGRAMME

This all boys programme was first introduced on 20 Jan 2020 to equip them with skills to improve their mental, emotional and social well-being. These essential lifelong attributes aim to inculcate in them values such as self-confidence, a positive outlook and resilience in face of life's challenges.

Lessons are brought to life through narrative, role play and experiential learning. Each session aims to facilitate open sharing among the boys to help them articulate their thoughts and emotions to better understand their character traits and their mental and emotional well-being. We hope to address any issues that needed attention to their perspective. The boys benefitted greatly from the programmes as we see better grades and behaviour. 13 boys, aged 7 to 12, have benefitted from the programme.









## SPORTS, ADVENTURE & OUTINGS

By engaging in common experiences and activities, we create a platform for children and youths from different backgrounds to come together and learn about inclusiveness and community living. As Covid-19 restrictions ease, we are able to offer more opportunities for the children to uncover and explore their potential.

Date	Programme	Students
2022		
10-Sep	Heritage Trail Amazing Race	15
18-Sep	Volleyball @ QSS	17
19-Sep	Volleyball @ QSS	18
1-Dec	Science Carnival Outing by NUS RC4	21
6-Dec	Wakawaka Outing	19
8-Dec	Career Experience Fair by KE Hall	32
14-Dec	Christmas Party by Seagate	31
15-Dec	Macs Party by Exodus Capital	21
16-Dec	Faith Methodist Church Christmas Carnival	15
2023		
14-Feb	Faith In Youth: Captain's Ball by NYGH	28
21-Feb	Outdoor Sports by Cedar Girls	25
6-Mar	Faith In Youth: Outdoor Team Sports by NYGH	9
13-Mar	Scratch Programming Outing by NUSH	26
27-Mar	Team Sports by NYGH	9
28-Mar	Faith In Youth: Frisbee by NYGH	20
11-Apr	Faith In Youth: Badminton by NYGH	26
18-Apr	Outdoor Sports by ASCI	9
8-May	Faith In Youth: Team Sports by NYGH	4
9-May	Faith In Youth: Dodgeball by NYGH	28
22-May	OCBC Families 100 Carnival	30
29-May	Scratch Programming Outing by NUSH	22
30-May	Scratch Programming Outing by NUSH	23











### **SHARED VALUES**

## Experiential Learning Journey CULINARY APPRECIATION WORKSHOP

A school based programme aims to educate students on nutrition, ways to handle food and kitchen safety. It also imparts shared values such as team building and caring. This programme is conducted for Fairfield Methodist School (Primary) and New Town Primary School. This year, a total of 32 students benefitted from this programme.

A total of 113 students have gone through the programme since it started 8 years ago.







## **COMMUNITY ENGAGEMENT**

The aim of the programme is to allow students to be involved in the community. There are two types of activities to connect students with our seniors. A total of 370 students were involved in the activities below:

- a. Home Cleaning this allows students to enter the home of the seniors to assist in basic home hygiene such as sweeping and mopping the floor, cleaning cupboards or fans, go through expired foodstuff/ medication, observe safety in the home to prevent falls. Students interact with seniors to understand their well-being and reminisce their past. This year, the students cleaned and decluttered 40 homes. The 200 students spent about 3 hours in each home to carry out the task under the supervision of a staff, teacher and parent-volunteer.
- Another 140 students organised a minicarnival to engage the seniors – this allows students to plan activities in a way to understand the functionality of seniors. These include their motor skill, co-ordination, strength and stamina. The students have engaged 160 seniors in the mini-carnival under the supervision of their teachers and parent-volunteer.



FAITHACTS ANNUAL REPORT 2022/23 | 29

## Celebration MONTHLY BIRTHDAY PARTY

Celebration brings people together. Through the birthday parties, we hope to bring joy and excitement to the children as they celebrate their happy moments together. Above all, we want to encourage the children, reminding them that they are loved and creating a community where they can belong.



Date	Birthday Theme	No. of kids
2022		
26 Aug	Respecting Cultures – Mid Autumn Festival	22
30 Sep	Build Others Up	16
28 Oct	Perfectly Perfect – Mirror Colouring	21
25 Nov	Teamwork	23
30 Dec	Time Capsules	20
2023		
27 Jan	Take Time To Care	27
24 Feb	Understand Each Other's Perspective	29
31 Mar	Being Grateful	27
28 Apr	Teamwork by QSS	34
26 May	Kind Words	11
30 Jun	Have Big Dreams	30
28 Jul	Having Focus	29

## NEW TOWN PRIMARY SCHOOL PRIMARY 6 GRADUATION PARTY





Since 9 Nov 2012, the Party has become an annual event. Last year, we organised for 167 students on 17 Nov 2022. It has always been a memorable time for the students who had spent 6 years in the school. The party includes a video of the cohort's journey from P1 to P6. They often laugh at their innocent looks when they were much younger. There is also a time where they write their thank you note to their teachers. The students enjoy the games and as always, their favourite buffet.







### **PROGRAMMES AT A GLANCE**

BODY

@Block 50 Commonwealth Drive

MIND

SOCIAL

### WOW WORKOUT FOR FIT/ HIGH/LOW MOBILITY GROUP

**CIRCUIT LOW MOBILITY FOR THE FRAIL** 

**10 SENIORS | 7 VOLUNTEERS** 

205 SENIORS | 16 VOLUNTEERS



**58 SENIORS** 

SOCIAL RECREATION 120 SENIORS | 100 VOLUNTEERS

### **INTERGEN PROGRAMMES**

80 SENIORS | 120 CHILDREN/YOUTHS

ACTIVE AGEING CENTRE

FAITHACTS ANNUAL REPORT 2022/23 | 33

### **BODY (EXERCISE)**

# **WOW WORKOUT** FOR FIT / HIGH / **LOW MOBILITY**

Customised for seniors across high to low mobility, the WOW workout is a 10 weeks exercise programme conducted by our trained in-house fitness instructors and professional physiotherapists. The aim is to build up and strengthen the core muscles to improve the balance and thus preventing one's fall.



WOW @ CW50			
Day	No. of Seniors	New Participants	No. of Volunteers
Wednesday	100	23	9
Friday	80	28	7
Saturday	25		14
Total	205	51	16

9:30AM

WEDNESDAYS 9AM, 10AM & 11AM

FRIDAYS 9AM, 10AM & 11AM (Conducted by AH)





#### **WOW WORKOUT** GRADUATION 2023 26 **140 SENIORS** CELEBRATION **7 VOLUNTEERS** APR

As part of celebrating the end of 10-week successful completion of the run, a mini "graduation" was held. It was a fun time for seniors to Sing Along, watch a Ukulele performance and play a round of Bingo game. Seniors were also treated to a scrumptious buffet lunch.



# **CIRCUIT LOW MOBILITY** FOR THE FRAIL

The Circuit Low Mobility workout is tailored for seniors who are frail and present a high fall risk. Its aim is to strengthen their muscles to improve their balance and mobility. Participants are paired with a trained volunteer and are led through a series of station exercises. Assessment is conducted pre and post to evaluate the improvement and targeted areas to focus on. The class is kept small to ensure the safety of our seniors and is capped at 10 seniors for each 10-week run.

**TUESDAYS** 9AM





# **GRAY MATTER** / **MENTAL WELLNESS**

Gray Matters is a group-based learning programme which aims to help seniors in their mental functions, memory, emotions and movement. The knowledge shared seeks to assist in their self-management to live a more active and enriching life.

#### AL:PHA Project with Youth Corps (Active Lenses: Photographing Humanly Aspects)

Through a 4 weeks series of photo walk and reflective storytelling, AL:PHA aims to engage seniors physically, mentally and emotionally. The aim is to prevent dementia amongst seniors and delay degeneration of muscles through the photo walks. Seniors are also paired with youth volunteers from Youth Corps to promote intergenerational bonding. At the end of the workshop, senior participants held a mini exhibition to showcase their photos.

2023

20

JUN

2023

JUN

2023

JUL

2023

18

JUL





**9 PARTICIPANTS** 

TUESDAYS 10:30AM - 12:30PM

### **Mind Engaging Game**

As the board changes, players constantly adjust their tiles until every tile on their rack is gone. Rummikub helps sharpen the players' sequencing, pattern recognition and planning skills. The game engages the seniors and creates opportunities to make new friends. An average of 14 seniors come together regularly for this activity.

TUESDAYS - FRIDAYS 9:30AM - 3:00PM



# **MOBILE APP** & HANYU PINYIN

Since its first class in 2018, the Mobile Application and Hanyu Pinyin class has seen a steady stream of regular learners and new learners. It aims to empower seniors in this digital age to learn the foundation of hanyu pinyin and to be able to communicate through their mobile devices. These classes are conducted by our volunteer teacher, Mdm Kwan. She is a retired teacher who seeks to share her knowledge with others and conducts her class in a lighthearted and fun way. There are an average of 20 seniors who attend the class faithfully.





TUESDAYS 1:30PM - 4:00PM

**20 PARTICIPANTS** 

#### **Life Review!**

From the 4-week course by Hua Mei, seniors in the workgroup are guided by a counsellor to reflect and share about their growing up years. These sessions are accompanied with handson activities, storytelling and reflection questions that allow them to do a life review, in hopes of having a deeper appreciation and understanding of their life circumstances.







### SOCIAL (MUSIC & DANCE)

## SOCIAL RECREATION PROGRAMME

Social Recreation Programme benefits seniors by keeping them socially engaged through a variety of fun, personal development and growth activities that include music and dance, art and craft, festive celebration and outing.

#### Ukulele

Over the course of a year, seniors participated in a structured Ukulele lesson where they learn the basics of chords strumming to the intermediate phase of learning a full song. To mark the end of a year's hard work, seniors had a mini showcase in the class where familiar tunes were played and sung. Our seniors have also grown to be more confident and are proud of their achievement over the year.



THURSDAYS **23 PARTICIPANTS** 11:30AM - 12:30PM



#### Angklung

**AD-HOC ON** 

TUESDAYS

When the Community Engagement staff from The Esplanade Theatres On The Bay kick-started this music class in FaithActs in 2018, angklung has become one of the well received musical instrument among our seniors. It is easy to play and they enjoy playing music from different cultures.

**30 PARTICIPANTS** 





#### **Therapeutic Dance Movement**

Incorporating music and dance as a form of exercise enhances one's physical and mental well-being. While the seniors move their body, their brain is also actively engaged as they dance along to the familiar tunes and recall the steps. This promotes social wellbeing as they dance in a group with their friends. An average of 20 seniors participate in this dance workout.

#### **Happy Feet NUS**

In collaboration with NUS, happy feet was developed with the aim to incorporate games into a form of exercise. With familiar tunes like Chan-Mali-Chan and Home, seniors will need to coordinate their steps accordingly to the music. This helps to promote active engagement of their brain and motor skills.



TUESDAYS 10AM - 11AM





### **SOCIAL (ART & CRAFT)**

Art and Craft is also a therapeutic activity that allows the creativity of the senior to be explored. Seniors get to doodle, paint and experience various art forms. It helps in their motor skills, develop imagination and encourage social bonding. Seniors get to have a keepsake of their creative time together.

#### 2023 Repurpose used Walnut Shell Painting





2023 Paper Rabbit













#### Ang Pow Paper Fan Seniors get to bring home a

Chinese New Year decorative item.

2023 **10** JAN



#### 2023 Creative Cooking Demo

This activity is well received by our seniors as they exchanged views with the guest chef. The invited chef also shared tips and tricks for common dishes to engage the seniors. Seniors also get to try these dishes and bring home valuable recipes and tips that enhance their cooking knowledge.





### SOCIAL (EXPLORATORY TRIPS)

### 2023

#### **Edible Garden**

On 11 May 2023, as part of the inaugural ACJC Teacher Work Attachment (TWA+) MAY Learning Journey, around 20 ACJC staff hosted FaithActs seniors to a workshop at Edible Garden City. The staff and seniors had the opportunity to learn more about sustainability efforts in Singapore, and how local companies are coming on board to help Singapore achieve its '30-by-30' goal. Some highlights included a hands-on workshop where seniors got the chance to plant their own sweet potato plant, try some edible plants and experience the sensory garden.

Teo Shu May (Subject Head, National Education/Values In Action.)



#### **Esplanade**

2023

Organized by Esplanade, seniors went for a special by-invitation only MAY Mother's Day concert on 7 May at the Esplanade. They were treated to soulful performances of love songs as tribute to mothers and women, all set to the backdrop of timeless orchestral music. It was a new and enjoyable experience for the seniors as they soaked in the music and dance on a beautiful Sunday. A total of 45 seniors went for this trip.







### 2022 21

OCT

#### Peranakan Culture in Joo Chiat

Organized by Big V, seniors were brought on a Peranakan trail held in Joo Chiat, a historic neighbourhood in Singapore that is known for its colourful heritage shophouses. The seniors had a great time exploring the area, visiting Dona Manis Cake Shop, enjoying local delights such as Katong Laksa and Otah for lunch, and Kim Choo

Kuek Chang for a token gift of kueh. A total of 30 seniors and 6 volunteers went for this trip.





#### Jewel @Changi Airport

14 52 volunteers from HP Inc joined 80 FaithActs' seniors to explore Jewel Changi Airport. The OCT volunteers were grouped into smaller groups to interact with the seniors and show them around the airport. The seniors had a great time exploring the airport and meeting the volunteers. Seniors were also treated to a lunch with the volunteers at Westlake Restaurant.







28

JUN

#### Hari Raya Haji Celebration 2023

20 corporate volunteers from Google Asia Pacific, Singapore, brought 42 FaithActs seniors on an outing to their headquarters to celebrate Hari Raya Haji. During the outing, 4 ACJC Alumni coordinated a bingo and dancing session, while the Google

volunteers provided snacks, a cooking demo of Vietnamese spring rolls, a tour of their office, and rounded up the day with Old Chang Kee and Polar cakes for the seniors to bring home. All in all, the seniors thoroughly enjoyed themselves through this inter-generational experience.







#### **Chinese New Year Celebration**

The Chinese New Year Celebration was a time of gathering with 94 seniors and 17 volunteers. The event was held on January 28, 2023, from 10am to 12.30pm. The JAN event was sponsored by Singapore Shipping Corporation Ltd and Stamford Land Corporation. The participants enjoyed a variety of activities, including guess the number of paper fishes in a bottle, Bingo and Lo-hei. At the end of the event, each participant received a CNY gift box.





#### **Christmas** Celebration

singing. The event kicked off with a sing-along session led by three volunteers. The seniors enjoyed singing along to a variety of Christmas carols. They also enjoyed a session of Piloxing by 12 volunteers, which is a lowimpact workout that combines pilates and boxing. It is a great way for seniors to get a workout and have fun at the same time. The event ended with a game of bingo, which everyone enjoyed as they soaked in the festive joy and cheer of the holiday season.



## INTERGEN PROGRAMMES

#### **Sparkletots**

Over the years since 2018, the intergenerational programme becomes a monthly staple get-together between the seniors and children. They come together to foster bonds through activities such as craft, dance and music. The laughter and smiles exchanged during these activities always keep both generations looking forward to the next session!









### **Raffles Girls School (Secondary)**

Into its 10th year, the students' learning journey aims to connect the students to understand the ageing need of the community. The students organise craft activities to gauge their motor skills and coordination; assist in basic household chores, share a meal with the host and converse with them about their life journey. The students also observe if the senior's home is safe, check for expiry date of foodstuff as the print could be fine for the older person to see.







## **CASEWORK AND COUNSELLING**

FaithActs works closely with various social service agencies to support residents in the Queenstown neighbourhood who face challenges in meeting their essential daily needs, including physical, social, emotional and psychological struggles. The goal is for each person to come to a better understanding of who they are, and have the assurance that they are not alone in their journey. Assistance is provided on three levels : counselling (youths, families and seniors), financial assistance and information & referral.



No. of cases (as at Jul 2023) is 409

### A case of "Many Helping Hands"

Aunty Mabel\* (92) enjoys the company of friends and she always says FaithActs is her family. In spite of her hearing impairment, she continues to interact with her peers. She is cheerful and welcomed visitors to her home as she lived alone and felt lonely. She used to attend our workout for many years until she started having several episodes of falls that rendered her unsafe to stay home alone. After much consultation with the medical team from the hospital and SHED, a community health post by AH, it was understood that Aunty Mabel\* should be referred to a nursing home for her safety and health. However, like many other seniors, Aunty Mabel\* was not agreeable to be placed in an



institution. The case worker and regular befriender would visit Aunty Mabel\* weekly to counsel her and help her understand the risks and benefits of her current lifestyle. While a Red Cross motion sensor had been installed in her home, falls could not be detected and attended to immediately. Far too often, Aunty Mabel\* was rushed into A&E by case worker only one or two days after the fall. After journeying with Aunty Mabel\* for more than a year, finally she recognised that she needed close supervision and was willing to move into a nursing home.

\*not her real name

## **BURSARY** & SCHOLARSHIP

Bursary and scholarship are granted to low income families as part of our ongoing support for full-time students living or studying in Queenstown. This aims to supplement their educational expenses and to encourage them to strive for greater achievements. Scholarship is awarded to students with outstanding results from secondary schools and ITE College West within our vicinity.



Scholarship			
School	2020 - 2021	2021 - 2022	2022 - 2023
Secondary	3	3	5
ITE	5	5	4
Polytechnic	2	3	2
University	1	1	1

Bursary			
No. of Recipients	98	104	100



### A case of "Not Alone!"

Emily\* is a single parent with four children out of wedlock. Her past impulses led to an estranged relationship with her family who helps to raise her first two children. Together with her two younger children, they take shelter at her uncle's home. Since Emily\* has more time with the two younger ones, tension between her and her older children intensifies. Emily\* hopes to reconcile with them. She tries

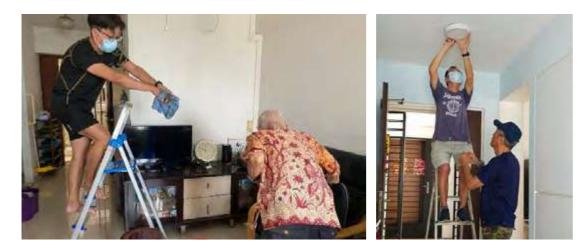


to make amends and works hard to bring home the bread. One of the younger children received bursary from FaithActs, and she was flagged out for further support. The caseworker met Emily\* and she shared her concern for her two young children. Her P6 child is attending our Learning Hub and is receiving one-to-one tuition, and her pre-school child is in our Early Learning Programme to prepare him for P1 enrolment. Emily\* is grateful that she is not alone in this journey of life.

\*not her real name

# HOME WELLNESS

In supporting our seniors who live alone and are frail, volunteers and staff facilitate in helping to clean their homes, particularly areas that are unreachable such as windows, cabinets and ceiling fans. This year, we have decluttered, cleaned and maintained 39 homes of our seniors.



## **PERSONAL WELLNESS** – GROOMING

Recognising that seniors have difficulty managing their finger and toe nails, FaithActs arrange for a volunteer to offer nail cutting service to the seniors. A regular volunteer also comes to FaithActs to cut their hair or goes to their homes for the homebound. These promote positive feelings of self and uplift their spirits.

For this financial year, 54 seniors had their hair trimmed and 6 seniors had their nails cut.





## **PERSONAL WELLNESS** – HEALTH CARE CONSULTATION

#### SHED (Social And Health Enabling Destination)

- A Collaboration With Alexandra Hospital

SHED is a community health post for residents 40 years and above. It started in August 2021 at Commonwealth Block 50 centre and it has now extended to Block 118 Commonwealth Crescent as well as Block 1 Dover Road. The dedicated Care Managers meet these residents weekly on Tuesdays (Commonwealth sites) and Fridays (Dover site). A total of 106 residents have benefitted from the service which includes:

- Basic health and geriatric assessments
- Health coaching for disease prevention
- Care referral and coordination
- Chronic disease monitoring and self-management education
- General advance care planning (ACP) discussions
- Means testing for low/no income clients











## LEGAL CLINIC

Residents who require legal advice on personal matters (except Syariah Law) can come to the West Legal Clinic at FaithActs for a free 20-min consultation with a qualified lawyer. This is held on a Saturday morning once every two months from 10am to 12pm. A total of 17 clients benefitted from this session in this financial year.

### FREQUENCY ONCE EVERY TWO MONTHS ON THE 3RD SATURDAY 10AM - 12PM

## THE SOUND OF FAITHACTS

54 | FAITHACTS ANNUAL REPORT 2022/23

WEDNESDAYS 2PM - 4PM

Singing is known to improve one's cardiovascular system. It is an expression of our mood and exercises the brain, which is beneficial for memory. The singing class where participants learn Mandarin and Cantonese songs using karaoke approach, meets every Wednesday 2pm to 4pm.





#### **Makan Together**

We organised two sessions of Makan Together to engage seniors from Blocks 50, 52 and 53 Commonwealth Drive. This get-together facilitates residents to know their neighbours better so that we can support one another in times of need. A group of befrienders from Faith Methodist Church was also present to accompany some of the isolated seniors down for the light-hearted session. A total of 140 seniors came on both occasions.

2023

24

JUN



### **Block Outreach**

Block outreach initiatives were carried out for FaithActs programmes and grocery distribution. Volunteers from Project 100 and ERA provided the grocery for the homes in the rental blocks at Commonwealth Crescent and Ghim Moh on 16 October 2022 and 16 January 2023 respectively.







FAITHACTS ANNUAL REPORT 2022/23 | 55

# **COMMUNITY INVOLVEMENT**

#### **Blood Donation Drive**

A total of 43 donors responded to the blood donation drive in collaboration with Buona Vista Community Centre and Red Cross.



### Chinese New Year Hamper Distribution

29 families received the hampers as festive cheers for the low income families and seniors who live alone on 27 January 2023.



### **Support Families In Need (FIN)**

Supporting our clients in providing their essential needs such as furniture and household items are ways that we seek to maintain their normalcy and reduce their stress for the lack.



#### **Managing Medication**

Some clients need support in managing their medication. Pre-sorting medication for a week at a time is a great way to help seniors stay organized and prevent them from taking the wrong medication.







#### **Community Link (ComLink) Programmes**

- in collaboration with Social Service Office (SSO) Queenstown

After the needs assessment surveys with the households in early 2022, we continue to work closely with Social Service Office (SSO) to curate and run programmes relevant to meet the needs of ComLink families who live in rental flats and with children below 21 years old.

#### **KidsLearn**

A co-ordinated programme by SSO, Youth Corps Singapore and FaithActs for children aged 5 and 6. It is an early literacy and befriending programme that aims to provide reading and phonics through interactive activities and games. The session is conducted one-to-one by volunteers from Youth Corps Singapore using the Khan Academy Kids platform. FaithActs started running the programme in January 2023; each run is 8 sessions held on Saturdays from 2pm to 3.30pm. Currently, 20 children are attending the programme. Children have shown improvement in their literacy skills while also making new friends.



#### **Fun Starters**

A weekly sports programme that aims to develop new skills, build confidence and selfesteem through the introduction of a variety of sports for children aged 5 to 12. Coaches from SportCares introduce sports ranging from Sepak Takraw, Tchoukball to Floorball. The programme comprises of 3 phases and each phase will run for 10 to 15 weeks. By introducing a new sport for each phase, children will have the opportunity to learn values like leadership, adaptability, and teamwork.

Beyond the physical activity, this weekly programme which started in February 2023, serves as a platform for SSO staff, befrienders, and volunteers to engage and befriend the children. Dinner is provided at each session.





### FRESH (Fresh gRoceries for Every Student's Home)

Together with SSO and Children's Wishing Well, the FRESH programme was held monthly at FaithActs since May 2023. Volunteers will teach children how to choose nutritious and value-for-money food as the children from low-income families shop for groceries for their families at the supermarket.

### **Gift-a-Family**

This initiative started during the year-end festivity to bless families in need with an essential gift such as children school bags, stationery, household electrical appliances. Based on referrals from SSO, FaithActs assists in the procurement of these basic items for families in need.



### **DIY Lion Head Making Competition**

A call to showcase our children's creativity, they joined the competition by submitting 2 DIY Lion Head designs using cardboard boxes, papers, accessories and paint. Our children won the competition with their design and was showcased during the Tanjong Pagar GRC Chinese New Year Carnival on 28 January 2023.



### My Digital BootCamp $\sim$ Heroes of Planet Earth (HOPE)

Supported by Buona Vista Community Club and participated by FaithActs' children aged 10 to 12, the 2-day BootCamp was held on 8 and 9 June 2023. The children had a great time learning how to build a 3D model of a climate-friendly building using Tinkercad develop a climate-change AR/VR; create energy-saver prototypes using micro-bit and design infographics on climate-friendly diets using Canva. The children received a free digital-making kit with a learning management system and interacted with the guest of honour, Minister of Education, Mr Chan Chun Sing.



FAITHACTS ANNUAL REPORT 2022/23 | 61



#### HEALTH DISTRICT @QUEENSTOWN BY HDB/NUS/NUHS

#### FaithActs-Ibasho @Margaret Drive

As part of Health District Purposeful Longevity workstream, the concept operates that older people are a valuable asset to the community and they can be empowered to contribute to the community. We would see the new Centre as a place where all generations come together to co-create the space where local culture, traditions are respected; communities are environmentally, economically and socially sustainable; and growth of the community is organic and embraces imperfection gracefully. A year on, below is the update on the progress.

Four workshops by Professor Emi Kiyota, founder of Ibasho, were conducted in May-September 2022 to envision the Singaporean version of Ibasho at the new FaithActs centre at Blk 40 Margaret Drive.



An Ibasho working committee comprising 15 intergenerational volunteers started monthly meet-ups since September 2022 to continue brainstorming and planning activities, including designing the new centre. The team decided to start with block parties and digital clinics to help seniors get to know their neighbours and learn essential mobile skills.



The team collaborated with Queenstown Baptist Church and PA@Queenstown to organise the first Christmas block party at Blk 39A Margaret Drive for the residents. Members of the committee rendered their services by running a digital clinic, magic show as well as publicising upcoming programmes at the new centre. A turn-out of 250 residents, both young and old, had much fun on the evening of 9 December 2022 with SPS Eric Chua as the Guest-of-Honour.



FaithActs received the keys obtained at MD office in May 2023.





#### HEALTH DISTRICT @QUEENSTOWN BY HDB/NUS/NUHS

#### **Technology Workstream 4**

FaithActs assisted the Workstream 4 team to host a focused group discussion with 15 seniors at Block 13 Dover Close East Centre on 14 April 2023. Seniors were shown several new technologies in the pipeline for development to seek their views so as to improve upon the software design and development.

- A new mobile app by Nervotech which could take blood pressure and temperature readings, including moods.
- A thermal sensor system by HDB to detect falls at home.







### Visits to FaithActs @ MD40 by Minister Ong Ye Kung and the International Advisory Panel (IAP)

Minister Ong and the International Advisory Panel for Health District @Queenstown visited Margaret Drive Centre to understand the progress of its development on 11 April and 4 May 2023 respectively. The new Centre will integrate Ibasho concept in the Active Ageing Centre's programmes. The working committee of Ibasho were present on both occasions to welcome the guests and interacted with them. They shared their personal thoughts about their involvement in the new endeavour.





### **SENIORS SERVICES**

EDUCATE

HANDICRAFT

ENGAGE

**40 SENIORS** 

**CHAIR ZUMBA** 

@ Block 13 Dover Close East

**EMPOWEI** 

**ENRICH** 

**ENRICHMENT HUB** 

@ Block 118 Commonwealth Crescent

WOW WORKOUT 45 SENIORS | 2 VOLUNTEERS



AFTER SCHOOL PROGRAMME

25 KIDS | 135 VOLUNTEERS

**BEYOND TUITION** 

34 STUDENTS | 32 VOLUNTEERS



WOW WORKOUT 30 SENIORS

**UKULELE** 9 SENIORS

**LINE DANCE** 

**12 SENIORS** 

SENIOR CHEF 57 SENIORS

66 | FAITHACTS ANNUAL REPORT 2022/23

TUITIO

BEYOND **TUESDAYS** (7:30 - 9:30PM)

HILDREN'S PROGRAMME

@ Block 118 Commonwealth Crescent

Here at our Block 118 tuition programme, we believe that every child and youth is unique with the potential to learn, grow and develop. Building relationships to impact our beneficiaries' lives is at the core of what we do. Our tutors create a warm and inclusive environment where students feel comfortable asking questions and expressing themselves, guiding beneficiaries to craft their own solutions for each situation. Through these positive relationships, our students are empowered to build social skills, improve confidence and overcome their challenges.

This year, 34 students were supported by the tireless efforts of 32 volunteers.







## **AFTER-SCHOOL** PROGRAMME

EDUCATE



As we enter the 6th year of operations, our after-school programme at Blk 118 Commonwealth Crescent continues to provide unwavering support for families in the community. Our children and youth are nurtured in a conducive environment with opportunities for personal growth and development, bringing stability to their lives. Consequently, caregivers and parents also have a sense of assurance as they find work to raise their families.

We are grateful for the commitment of 135 volunteers, whose dedication played a crucial role in impacting 25 young lives throughout the year.





68 | FAITHACTS ANNUAL REPORT 2022/23

#### ENGAGE

## EARLY LEARNING **PROGRAMME** (ELP)

**EDUCATE** 

**SATURDAYS** (9.30AM -11.30AM)

Our steady partnership with EDIS Cares has helped us bring ELP's foundational literacy and numeracy curriculum to pre-primary children in our community since 2018. The materials developed by Learning Vessels allow for personalized learning with our trained volunteers through the 1-to-1 weekly sessions with the children. With the help of SP Mentor volunteers, we were able to open an additional weekday class just for this year to include more students. Additionally, volunteer groups like BooktheChance and Project Forel have supported the programme by organizing activities and reading sessions to provide a more holistic experience. All in all, 48 volunteers have been engaged to support our current batch of 31 students.

Date	Programme	Students
2022		
3 Dec	Graduation Party + Market Day Carnival	8
2023		
25 Mar	Project Forel – Reading Activity	6
13 May	Project Forel – Reading Activity	7
8 Jul	BooktheChance – Reading Activity (Animals)	6
15 Jul	BooktheChance – Reading Activity (Going to School)	5
29 Jul	Project Forel – Reading Activity	3



# WOW WORKOUT

THURSDAYS (8.30AM -11.30AM)

WOW Workout continues to be a popular programme for the seniors living at Commonwealth Crescent as it improves their physical and socio-emotional well-being. Workout is designed for the high and low mobility seniors to help them strengthen their muscles, improve their balance and thereby reduce the risk of falls. There are 45 seniors who are actively participating in the programme and are assisted by 2 volunteers.



# **DOVER SENIORS ACTIVITIES**



A variety of programmes are planned for seniors to keep them active and to socialize amongst themselves.

Day	Time	Activity	Number
Monday	2pm - 4pm	Line Dance	12
Tuesday	2pm - 4pm	Chair Zumba	40
Wednesday	10am - 12pm	Handicraft	11
	2pm - 3pm	WOW Workout	30
Thursday	9:30am - 11:30am	Line Dance (Intermediate)	10
	2pm - 4pm	Ukulele (Advanced)	9
Friday	2pm - 4pm	Senior Chef	57



### **Line Dance**

A programme led by volunteers who enjoy line dancing. Monday classes are for seniors of all levels and Thursday classes are for seniors who are interested to learn the advanced dance steps.





### Chair Zumba

The weekly class is conducted in collaboration with the Health Promotion Board. The exercise blends together movements from Latin dances such as salsa and cha cha, creating an invigorating routine which seeks to boost core stability, muscular strength, cardiovascular endurance and motor skills.

### Handicraft

In this programme, seniors learn how to employ various techniques to upcycle and repurpose commonly discarded materials such as cloth into beautiful and functional item like bags and pouches.



### Ukulele

Another volunteer-initiated programme for seniors who enjoy playing the ukulele and singing to come together to jam to old and new tunes. This year, the group practiced diligently to put up a fantastic performance for our annual Honours Night, as well as sing-along sessions for our quarterly senior workout celebration.





### **Senior Chef**

A programme where friends gather to share their favourite dishes and celebrate the connections food can create across all races and cultures. This year, the seniors celebrated Christmas and Chinese New Year through a potluck party and each shared a dish they learned from Senior Chef, reflecting the theme "Feast, Fun and Friends".





### WOW Workout @ Block 13

Seniors living in Dover estate look forward to socialising and keeping themselves physically healthy through the weekly workout session.







Day	No. of Seniors	No. of Volunteers
Thursday	40	6
Friday	43	5
Total:	83	11

The workout for both Thursdays and Fridays are conducted by Alexandra Hospital physiotherapist. A combined party was organised for seniors for both Blocks 13 and 1 quarterly to recognise their effort and motivate them to continue with the exercise. They had a fun time bonding over music, bingo game and food.



WOW Celebration Party

# **KEY HIGHLIGHTS AND VOLUNTER & CORPORATE MANAGEMENT** Giving in Action

# The Contract

VOLUNTEERS

### **CORPORATE HIGHLIGHTS**

### CORPORATE SOCIAL RESPONSIBILITY

### **PROGRAMMES AT A GLANCE**

@Block 50 Commonwealth Drive



### PARTNERSHIPS

FUND RAISING

"There can be no greater gift than that of giving one's time and energy to help others without expecting anything in return." - Nelson Mandela

# KEY HIGHLIGHTS

### **Appointment as Eldercare Service Model (Transition)**

FaithActs was awarded the Eldercare Service Model (Transition) by the Ministry of Health and Agency for Integrated Care to provide services for seniors in October 2022.

We aim to build a strong community-based support system so that seniors can be kept healthy physically, psychologically and socially.



### **Community Spirit Awards 2023**

On 25 July 2023, FaithActs received this award for a second time by the People's Association. This was another memorable milestone which we achieved alongside our dedicated partners and volunteers who serve with us. We hope to continue to make more meaningful contributions to the communities in the years to come.





### 4th Centre @Margaret Drive

FaithActs was delighted to sign the tenancy agreement with HDB and collected the keys for our new centre on 11 May 2023.

This new centre will also be another Eldercare Service Model (Transition) when it starts operation.

COMING

SOON

**A New Experience** 

All are welcome

brought to you by:

FaithActs Block 40 Margaret Drive #01-07 Singapore 140040

basho



# LOOK OUT

- Seniors Activities
- Digital Clinic
- Seniors Café Corner
- Interest Group Initiatives
- Inter-Generational Programmes

### **Old Trade Services**

Upcycle – alteration services, shoe repair
 Handyman work \*eriteria applies

#### NOTE

Programmes may roll out in phases.

Residents who wish to be involved as participants, volunteers, contributors, etc. please contact us and indicate your area/s of interest. (You may suggest other activity, which is Subject to management approval).

mail: mainfo@f	aithacts.org.sg	tel: 6339 76
Contact persons		Wp: 917876





### With amenities lacking near their new flats, former Tanglin Halt residents keep going back

The elderly residents who moved to Margaret Drive have been relying on shuttle services to their old neighbourhood to eat, shop and hang out at their activity centre. But there is good news on the horizon.





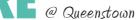
Scan to read



Photo credit: CNA



# **SG CARES VOLUNTEER CENTRE** @ Queenstown





Since 1 January 2022, FaithActs' appointment as the SG Cares Volunteer Centre @ Queenstown has brought a new dimension to our work in the community. Our role enables us to serve as the vital link between volunteers, resources and Social Service Agencies (SSAs) in Queenstown, connecting passionate individuals and relevant donations-in-kind with the needy in our community. This has allowed us to deepen our existing collaborations while reaching out to new community partners.

In our past year, we have achieved the following (Jun'22 – Jun'23):



Brokered 98 partnerships between schools, orgranisations and social service agencies



Reached out to 28 partners serving the Oueenstown community



Facilitated 12097 hours of volunteering to impact the lives of 4394 beneficiaries



Recruited 1742 volunteers, including **551 regular** volunteers and **127** volunteer leaders

### **Corporate-SSA Networking session**

One of our highlights this year was the networking session held on 23 March 2023, 'Building A Caring Queenstown Community', with 17 Social Service Agencies and 21 Corporates. The aim was to bring the Queenstown community partners and stakeholders together to gain exposure to each other's work, raise awareness of current town needs and provide a platform for community networking. The event was a success with many collaborations formed, such as eyewear retailer Foptics, which graciously donated 600 discount vouchers that the SG Cares Volunteer Centre could share among our community partners eg. Fei Yue Community Services and New Town Primary School Catalyst Programme.





Sharing by Agency of Integrated Care (AIC) and Social Service Office (SSO) on their programme and services provided for the residents and partners in Queenstown.



Networking session.



Table discussion.

# **VOLUNTEER MANAGEMENT** & DEVELOPMENT

Volunteers play a vital role in FaithActs. Partnering with our staff, they have provided much needed support in our various programmes. We believe in matching our volunteers' skill set and passion to the relevant programmes to create strong social impact on the lives of our beneficiaries. Creating a safe and enjoyable space for all, we encourage volunteers to have open conversations and feedback while providing training opportunities for development. This has enabled both staff and volunteers to work in unison for the common good of the community.

### Individual volunteer who...



Reads for the children



Teaches craftwork



Cuts nails



Conducts exercises



Shares culinary skills



Teaches origami







Volunteers from ART Link conducted a Paper Mache Animals workshop on 13 Jun 2023



In October 2022, Community.Youth.Family (C.Y.F.) youth brought seniors to Gardens by the Bay. They were putting into practice what they had learnt about being overflowing vessels that are ready for good work. The youth showered the seniors with their tender loving care and attention during the outing, and captured photos of the seniors and their beautiful smiles. Each senior was presented with a personalized photo album of their portrait and group shots, with words of affirmation from the youth. We hope the memories created that day will remain precious to both the young and the old!

- Anna Tan (Chairperson C.Y.F.)

United Overseas Bank's staff conducted a Terrarium Workshop on 21 June 2023.



### **Student Volunteers**

Project Harmony students from CHIJ who come regularly to engage the kids.



Project Resonance are students from various schools who come regularly to teach the kids to play different musical instruments.







NUS students escorted our seniors to watch their NUS Dance Performance.

ACJC students taught the kids to do Christmas Card Making on 27 Dec 2022





NUS High students did a Scratch Programme with our children on 29 and 30th May 2023.



Volunteers from Singapore Polytechnic & Youth Corps Singapore did a digital photo journey exhibition with our seniors.

# CORPORATE SOCIAL RESPONSIBILITY & PARTNERSHIPS







Our kids were invited to the UOB Global Heartbeat Run/Walk on 16 October at 7am. After the walk, they were treated to their favorite snacks and ice-cream!









FaithActs X 30 UOB volunteers imparted knowledge on recycling and sustainability for the P6s. The kids were engaged in an upcycling activity and received a plant starting kit sponsored by our donor.





With special thanks to Schwan-Stabilo Singapore for the sponsorship of coloured pencils for the kids to doodle on their favourite objects during the birthday workshop.









FaithActs children were invited to the state of the art R&D centre at Seagate where they played station games and competed in the paper plane competition. They also enjoyed pizzas and received vouchers.







Mr Evan Ong, Senior VP Summit Planners Exodus Capital and his team of 12 agents, spent an afternoon engaging our lively kids through fun quizzes and games on 1 December 2022. A generous donation was made to our K-ACTS Plus! campaign.





UOB staff brought our kids to the Goat Farm to experience wild life during the school holidays.





2023 **20 CHILDREN** JUN

Our long-term CSR partner, State Street Singapore gave our kids a sweet treat during the school holidays where they had scoops of fun when they visited the Museum of Ice Cream with 12 volunteers.



2023 16 JUN
15 CHILDREN

"We are thankful to FaithActs for organising a successful outing! "We had fun, hope the kids too!" Zhenni, MCI Asia Pacific Pte Ltd with 7 volunteers.





2022 9 DEC

12 HR staff from Seagate conducted a digital clinic at our Dover Centre and played videos on cyber security for the seniors and served a scrumptious vegetarian bento lunch.





Over at Commonwealth Drive, 10 Seagate volunteers organized a spectacular Chair Zumba activity which brought tremendous joy to our seniors. The seniors had a special pizza party thereafter.



2022 14 0CT

Led by Ms Loh Wai Yee, (Outgoing Chairperson, Social Impact) 40 staff volunteers from HP Inc organised a special visit to Jewel Changi Airport for a photo walk on 14 October 2022. A sumptuous lunch awaited them at the nostalgic Westlake restaurant where the 120 seniors tasted heritage food fare.





2022 **2** NOV 120 SENIORS

Ms Noelle Tan, Managing Director of State Street Singapore invited 120 seniors to the screening of Ajooma. Together with 16 staff volunteer who chaperoned the seniors, they were thrilled as Mr He Shu Min, Director of the movie made a zoom call to the lead actress, Ms Hong Hui Fang to greet our seniors





Mr David Chow, Senior VP (Sales and Marketing) and Ms Belinda Chan, Legal Secretary of Onsemi conductor and 16 staff sponsored a Christmas luncheon on 1 December 2022 for 40 seniors from Dover Centre and raised monies for our programme through their volunteering efforts. We appreciate the friendship and value they embrace in Giving now to donate, educate and help!



2022 **2 50** SENIORS

Our heartfelt thanks to Topseller for contributing Royal Umbrella rice to our seniors during our National Day event.





Big V's day out with Mr Vincent Ong, Senior Marketing Manager and 6 volunteers who conducted a Katong photo walk with our seniors. They explored the Peranakan culture as they strolled past heritage shophouses and tasted Nonya kuehs. The enriching day ended with a delightful lunch at Katong Lasksa.



We applaud the Management and staff from Stamford Land Corporation Ltd and Singapore Shipping Corporation for celebrating Chinese New Year with our seniors. The 12 volunteers from both the companies engaged the seniors and served them the scrumptious lunch.





Overwhelming support from Charity Partners who are out in full force after the pandemic to provide significant value to FaithActs.

Day	Activity	Partner (s)
23 Aug 2022	Donation of five laptops	Sage Foundation
7 Sep 2022	Mooncake distribution & \$20 voucher for 100 seniors	Big V Singapore
8 Oct 2022	Wish for BRAT Marilyn Monroe NFT Auction & Hydro Facial vouchers	Avenue + Co and JSKJ
10 Oct 2022	Proceeds from online Fundraising Auction	Heartbid
17 Nov 2022	State Street Singapore Charities Fair	Baking With Love Rosebud Candle & Jewel
10 & 11 Dec 2022	Singapore Comic Con at MBS Star Wars Booth	Rebel Legion



Baking With Love - Charity is a realing grateful. - Pollow Shim - G













21st Dec 2022	Christmas Gifting	Red Hat Asia
		Pacific Pte Ltd
1 Apr 2023	Act of Kindness Charity Sales & monthly sponsorship	Cake Edwin Bakes
7 Jun 2023	50 food bundles	Marina Bay Sands
18 May 2023	Part sale proceeds & sponsorship of products	Cornerstone Hisamitsu Pharmaceutical Co., Inc. Singapore Branch
10 Jul 2023	Groceries & Household products	Income

Activity

Day



### Our Fundraisers from school: RGS

Date: 25 Jun 2023

### **PROJECT SHOOTING STAR**

Concert Astria, is a project led by 16 year old Sumita and Kimberly. It was a labour of love when our kids performed on stage with confidence with the student mentors. From lacking confidence to being a shiny star of the night. We applaud the 9 members for organising the stargazing fundraising concert.

### Our Fundraisers from Corporation: Furama Hotels International (FHI)

Date: 17 Nov - 25 Dec 2022

### **PAY-IT-FORWARD** WITH FAITHACTS

Furama Hotels International donated \$10,000, in addition to matching 1:1 on all Spin-the-Wheel proceeds. Working with The Provisions partners, creating fun and support from their valued guests, staff, friends and family who so generously participated in the year-end festivities! FaithActs kids were invited to the Waka Waka on 6 December, for a special treat and delightful buffet lunch!

### 

### A note from FaithActs

Thank you for each of your generous gift and contributions which enable us to provide a nurturing environment for FaithActs kids and youths, meet the needs of disadvantaged families and support the frail seniors in Queenstown. The time, energy, and resource that you faithfully sow changes lives in our community. Our Fundraising heroes

## **CHRISTMAS MEDLEY**

### **Individual fundraiser: Grace Chew**

Our effervescent and versatile volunteer has challenged herself once again to perform a medley of Christmas songs to raise funds for our charity causes. Recording was done spontaneously at Marcus Chua studio.

Date: 25 Dec 2022

# **CAMPAIGN APPEAL**

### Individual fundraiser: Jessie Tham

A senior volunteer who put her heart not just in raising funds but to serve as a life mentor to our beneficiaries and programmes by imparting her craft skills. Jessie is dedicated in expanding her network to reach out to 120 donors over a period of 3 months.

Date: 25 Dec 2022

### CHRISTMAS & NEW YEAR APPEAL

### Individual fundraiser: S Yuen

A regular donor turned friend to FaithActs who is prompted to tell her friends about the charity that she supports. By appealing for support, she also matches every dollar raised to reach a goal for the meaningful causes.

#### Date: 17 Dec 2022

### CLINIC RELOCATION DEDICATION

### Individual fundraiser: Dr Low Kah Tzay

In lieu of gifts and flowers, Dr Low informed his colleagues to contribute to FaithActs by sending them a QR code on his invitation to his clinic dedication service.





FOR MAKING A IFFERENCE IN THE LIFE OF THE LESS PRIVILEGED!





State TELEVISI

FAITHACTS ANNUAL REPORT 2022/23 | 99



### A resounding success to FaithActs Charity Golf 2023

We are thrilled that our biennial charity golf tournament was held on 18 May 2023 with much enthusiasm and support from our partners and avid supporters. We are so grateful for the great weather and golfers' turnout. Donations continued to pour in from more than 200 supporters during the fundraising dinner segment of the programme which helped us to successfully surpass our target to raise \$454,306 for our 4th centre. Our heartfelt appreciation to our Guestof-Honour, Mr Chan Chun Sing, Minister for Education who gave away prizes to top donors.







THANK YOU

FOR MAKING **FAITHACTS CHARITY GOLF 2023** A SUCCESS!!



A note from FaithActs

Join us as a marketing partner where your brand reaches out to our targeted supporters from c-suite level executives.

### Chat with us

Thinking of a specific project of your own to raise funds for FaithActs? Get inspired at a site tour of our centers to generate creative ideas!

### **Fundraising Project**

There are several ways of doing a fundraiser – a charity stall, an auction, organise a run, a special party or events, turn your annual company dinner into a charity fundraising event.

### **Corporate Partnership**

Sponsor our Enhanced Fundraising campaigns, and events, and show your company's commitment to a cause that affects everyone and makes an impact, change, and transform lives.



Email us at partnership@faithacts.org.sg for a collaboration

### Improving lives through your gift of hope

Because you care, our beneficiaries are able to receive support and opportunities in every aspect of their lives, from their personal pursuits to the strengthening of family units. Life is a journey full of challenges and marked with twists and turns. It is also very unpredictable – full of fun, success, disappointments...However, so much more can be done every single day as we journey on and connect with our families in need, much like a life marathon!



## 5555555555555555555555555

I just completed my BMT in NS and feel relieved that FaithActs will support my further studies as I just completed my poly diploma. The center also helped my family ease our financial burdens and provided charity sales opportunities for my sister's home crafts business through their corporate partners.

Double the impact of your giving

through our campaigns.

Thank you for your

**STRONG** support!



Be the quiding light to those who are

facing adversity and struggling with

basic needs in their life path.

### **Campaign 1: K-ACTS PLUS-a-thon!**

We are committed to ensure that our kids will develop holistically in areas such as of (A)cademic, (C)reativity, (T)raits and (S) hared values (ACTS). We encourage them to learn and grow according to their strengths, interest and personalities. PLUS! FaithActs creates a positive learning experience through group-based workshops and hands-on activities, making them confident and lifelong learners.

### **Campaign 2: Connect with F.I.N.** (Families-In-Need)

With the shortage of opportunities and a lack of digital skills, there is a need to upgrade and retrain our parents to be viable in the job market.

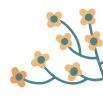
As more families grapple with their social and financial issues, some are more vulnerable than others which have affected their mental well-being. They may experience depression or anxiety. FaithActs provides an alternative place for children so parents could recover from their condition.



# 6666666666666

This year, I will enter NUS to pursue my dream course in Biomedical Science. I did not let my late parents down as this is my way to honour them and to find cures for cancer in my journey to reach the pinnacles of research to better mankind!

S Lim 21



# DISCLOSURE REPORT

#### **RESERVE POLICY AND RESERVE POSITION**

RESERVE POSITION as at 31 July 2023	FY2022/2023	FY2021/2022
A. Accumulated fund-Unrestricted	2,857,420	2,657,804
B. Designated Fund	70,298	41,660
C. Total Fund	2,927,718	2,699,464
D. Total Annual Operating Expenditure	1,244,485	1,040,754
E. Ratio of Funds to Annual Operating Expenditure (A/D)	2.30	2.55

The audited financial statements are posted on our website: www.faithacts.org/about.html

### **Reserve Policy**

FaithActs will maintain a reserve of not less than six months and not more than thirty months of the yearly expenses. The amount of reserves that is required will be reviewed regularly.

### **Board Management**

No board members hold staff appointments.

No board member received any remuneration during the year.

A total of 6 board management meetings were held in FY22-23 on the following dates: 20.09.22, 22.11.22, 17.01.23, 21.03.23, 16.05.23, 18.07.23



### FY22-23 DISCLOSURE OF BOARD MEMBERS ATTENDANCE

BOARD MEMBER	CURRENT POSITION	APPT. TO CURRENT POSITION	DATE ASSUMED POSITION	FIRST APPT. TO BOARD	BOARD ATTEN.	COMPANY
Assoc. Prof Lee Wee Leong	Chairman	29/10/2019	11/11/2017	22/10/2009	5/6	Singapore University of Social Sciences Director, Educational Technology & Production Learning Services
Mr Goh Tiak Boon	Vice Chairman	29/10/2019 R*-22/11/22	29/10/2019	14/11/2017	-	LNG Marketing Asia Vice-President
Mr Wong Kron Joo	Honorary Secretary	29/10/2019	29/10/2019	6/2/2004	6/6	Nanyang Academy of Fine Arts Director, Finance Office
Mrs Koh -Ang Ley Keow	Honorary Assistant Secretary	29/10/2019	29/10/2019	13/9/2009	5/6	Retired
Ms Koh Yean Leng Cindy	Honorary Treasurer	29/10/2019	29/10/2019	29/10/2019	6/6	The Write Stuff Owner
Mr Tan Chin Leong	Honorary Assistant Treasurer	29/10/2019	29/10/2019	14/11/2017	5/6	Peerless Asia Pacific Pte Ltd Regional Sales Engineer
Mr Chan Chee Yin Andrew	Member	29/10/2019	21/11/2015	6/2/2004	3/6	Allen & Gledhill Partner
Mr Liaw Chun Huan	Member	29/10/2019	29/10/2019	19/3/2019	4/6	KTC Group Chief Financial Officer
Mr Lim Boh Chuan	Member	29/10/2019	29/10/2019	19/3/2019	4/6	Retired
Mr Lim Song Khiang Albert	Member	29/10/2019	29/10/2019	6/2/2004	3/6	El-Shaddai Resources Pte Ltd C-Suite & Owner
Ms Niam Susan	Member	29/10/2019	17/11/2019	19/10/2011	4/6	Ministry of Health Chief Allied Health Officer
Ms Png Pei Shar Winnie	n Member	23/11/2021	23/11/2021	23/11/2021	6/6	Stillwaters Engineering Pte Ltd Director
Mr Tan Boon Seng Jason	Member	29/10/2019 R*-22/11/22	15/11/2016	15/11/2016	-	DNATA General Sales Manager
Mr Tan Chow Boon	Member	29/10/2019	11/11/2017	23/10/2008	5/6	Altara Ventures Ptd Ltd General Partner

In Financial Year 2022-2023, 5 board members served for more than 10 years as they are providing their advice to the board.

R\* Date Resigned

### **Conflict of Interest**

There are documented procedures for Board members and staff to declare actual or potential conflict of interest to the Management Board.

Board members make annual declarations of actual or potential conflicts of interests to the Management Board.

Board members abstain and do not vote or participate in decision-making on matters where they have a conflict of interest.

#### Staff Related To Board Member

	2023	2022
Number of staff	1	1

### **Related Party Transaction**

No trustee of other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

### Whistle – blowing Policy

FaithActs' Whistle-blowing policy aims to provide an avenue for employees to raise concerns and they are assured that they will be protected from victimisation for whistle-blowing in good faith.

### **Key Management Compensation**

Key management personnel comprise the Executive Director and the Heads of Departments which are essential to the running of the Society.

Number of Staff	2023	2022
Between S\$100,000 – S\$200,000	1	1
Below \$\$100,000	4	4

Date of appointment of Executive Director: 22/8/2011

### Banks

1. DBS Bank 2. OCBC Bank

### **Auditor**

Law & Law Assurance & Advisory Services

### GOVERNANCE EVALUATION CHECKLIST (GEC) FOR THE PERIOD AUG 2022 - JUL 2023

	GUIDELINES	CODE ID	RESPONSE
BOA	ARD GOVERNANCE		
1.	Induction and orientation are provided to incoming Board members on joining the Board.	1.1.2	Complied
	Are there Board members holding staff* appointments?		No
2.	Staff* does not chair the Board and does not comprise more than one-third of the Board.	1.1.3	
3.	There are written job descriptions for their executive functions and operational duties which are distinct from their Board roles.	1.1.5	
4.	There is a maximum limit of four consecutive years for the Treasurer position (or equivalent, e.g Finance Committee Chairman or person on Board responsible for overseeing the finances of the charity). Should the charity not have an appointed Board member, it will be taken that the Chairman oversees the finances.	1.1.7	Complied
5.	All Board members submit themselves for re-nomination and re-appointment, at least once every three years.	1.1.8	Complied
6.	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Are there Board member(s) who have served for more than 10 consecutive years?		Yes
7.	The charity discloses in its annual report the reasons for retaining Board member(s) who has served for more than 10 consecutive years.	1.1.13	Complied
8.	There are documented terms of reference for the Board and each of its Board committees.	1.2.1	Complied
COI	NFLICT OF INTEREST		
9.	There are documented procedures for Board members and staff to declare actual or potential conflicts of interest to the Board.	2.1	Complied
10.	Board members do not vote or participate in decision-making on matters where they have a conflict of interest.	2.4	Complied
STR	ATEGIC PLANNING		
11.	The Board periodically reviews and approves the strategic plan for the charity to ensure that the activities are in line with its objectives.	3.2.2	Complied
HUN	IAN RESOURCE AND VOLUNTEER* MANAGEMENT		
12.	The Board approves documented human resource policies for staff.	5.1	Complied
13.	There is a documented Code of Conduct for Board members, staff* and volunteers* (where applicable) which is approved by the Board.	5.3	Complied
14.	There are processes for regular supervision, appraisal and professional development of staff Are there volunteers* serving in the charity?	*. 5.5	Complied Yes
15.	There are volunteers* management policies in place for volunteers*.	5.7	Complied
EIN /			

#### FINANCIAL MANAGEMENT AND INTERNAL CONTROLS

16. There is a documented policy to seek Board's approval for any loans, donations, grants or 6.1.1 Complied financial assistance provided by the charity which are not part of its core charitable programmes.

17.	The Board ensures internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied
18.	The Board ensures reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
19.	The Board ensures that there is a process to identify, regularly monitor and review the charity's key risks.	6.1.4	Complied
20.	The Board approves an annual budget for the charity's plans and regularly monitors its expenditure.	6.2.1	Complied
	Does the charity invest its reserves, including fixed deposits?		Yes
21.	The charity has a documented investment policy approved by the Board.	6.4.3	Complied
FUN	DRAISING PRACTICES		
	Did the charity receive cash donations (solicited or unsolicited) during the year?		Yes
22.	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied
	Did the charity receive donations-in-kind during the year?		Yes
23.	All donations-in-kind received are properly recorded and accounted for by the charity.	7.2.3	Complied
DIS	CLOSURE AND TRANSPARENCY		
24.	The charity discloses in its annual report: i. Number of Board meetings in the year; and ii. Individual Board member's attendance.	8.2	Complied
	Are Board members remunerated for their Board services?		No
25.	Are Board members remunerated for their Board services? No Board member is involved in setting his or her own remuneration.	2.2	No
25. 26.		2.2 8.3	No
	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member		No Yes
26.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated		
26.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated Does the charity employ paid staff? No staff is involved in setting his or her own remuneration. The charity discloses in its annual report:	8.3	Yes
26. 27.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated Does the charity employ paid staff? No staff is involved in setting his or her own remuneration.	8.3	Yes Complied
26. 27.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated Does the charity employ paid staff? No staff is involved in setting his or her own remuneration. The charity discloses in its annual report: i) The total annual remuneration (including any remuneration received in its subsidiaries), for each its three highest paid staff*, who each receives remuneration exceeding	8.3	Yes Complied
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26. 27.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated. Does the charity employ paid staff? No staff is involved in setting his or her own remuneration. The charity discloses in its annual report: i) The total annual remuneration (including any remuneration received in its subsidiaries), for each its three highest paid staff*, who each receives remuneration exceeding \$100,000, in bands of \$100,000; and ii) If any of the 3 highest paid staff* also serves on the Board of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000.	8.3	Yes Complied
26. 27. 28.	No Board member is involved in setting his or her own remuneration. The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated Does the charity employ paid staff? No staff is involved in setting his or her own remuneration. The charity discloses in its annual report: i) The total annual remuneration (including any remuneration received in its subsidiaries), for each its three highest paid staff*, who each receives remuneration exceeding \$100,000, in bands of \$100,000; and ii) If any of the 3 highest paid staff* also serves on the Board of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000. OR	8.3	Yes Complied
26. 27. 28. 29.	<ul> <li>No Board member is involved in setting his or her own remuneration.</li> <li>The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated</li> <li>Does the charity employ paid staff?</li> <li>No staff is involved in setting his or her own remuneration.</li> <li>The charity discloses in its annual report: <ul> <li>The total annual remuneration (including any remuneration received in its subsidiaries), for each its three highest paid staff*, who each receives remuneration exceeding \$100,000, in bands of \$100,000; and</li> <li>If any of the 3 highest paid staff* also serves on the Board of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000.</li> <li>OR</li> <li>The charity discloses the number of paid staff* who are close members of the family* of the Executive Head or Board Members, who each receives remuneration exceeding \$50,000 during the year, in bands of \$100,000. OR The charity discloses that there is no paid staff* who are close members of the family* of the Executive Head or Board Members, who each receives remuneration exceeding \$50,000 during the year, in bands of \$100,000.</li> </ul> </li> </ul>	8.3 2.2 8.4	Yes Complied Complied

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